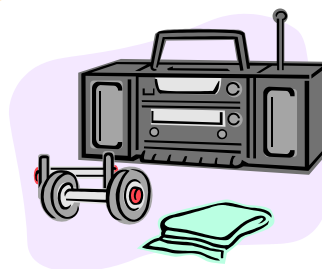
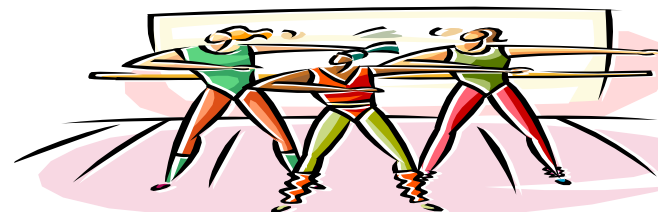
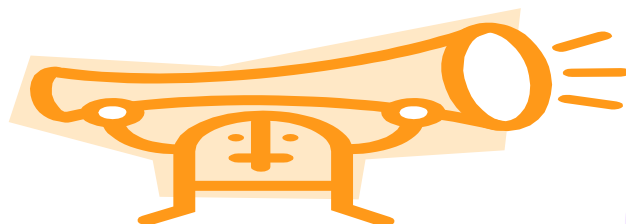


On The Right Track

aerobics for brass

Trumpet



Web Version

AEROBICS FOR BRASS

"Aerobics for Brass" is a collection of technical exercises for the student brass player.

It comes in two different formats:-

- A full version which takes a five-note player up to Grade 3
- A "minimax" version which is a shorter version of the original but with larger pages. This is produced with junior school students in mind and takes a five-note player up to Grade 2

From my own early experiences and with now, 30 years as a brass teacher I often find books of technical exercises very daunting and nearly always aimed at a more advanced player. **Aerobics for Brass** attempts to bring the very young student into the "Zone" at an earlier stage by making the daily routine of technical drills more approachable and hopefully enjoyable. Many of the exercises are supported by "backing tracks" and listening examples. In addition to the exercises there are some guidelines on "POSTURE" and "BREATHING"

To all students remember to:-

- Take your time with this material; build your way slowly with a few exercises from different sections.
- When you have made significant progress move onto the more advanced pieces
- Repetition (may seem endless and tedious) is the key to success, it is better to play the same few exercises over and over again than to try to play everything once. Make them part of a regular routine to the point where you can play some of them without the book.
- Building your technical is essential to any instrumental player, difficult passages in our repertoire will more often than not relate to a technical exercise.
- I hope you enjoy using "Aerobics for Brass" Good luck. M H Bates Birmingham Music Service January 2009

Specific Aims and Teaching Notes:-

Aerobics 1 1a 1b 1c These exercises enable the development of your pitching skills starting with the 2 open notes C and G. Learn how to play 2 and then 3 different pitches on each valve combination. Also discover how to go "Down The Valves" It is a good idea to jump from 1 to 1a at the marked sign >>>  Playing 2 note and then 3 note patterns. You start the 3 note figures with 1st and 2nd valve notes and go "Up The Valves"
At this stage you only need to tongue the notes, avoid un-wanted slurring

Brass Basics 1 and 2 Brass basics are scales, arpeggios and interval based exercises. Brass Basics begin with 5 note patterns. Try to play these exercises with the same pulse so by making the quicker versions harder. Learn how an arpeggio is made from the 1st 3rd and 5th notes of the scale. The F scale will always have B_b (1st Valve) in it and the D major scale has F# (2nd Valve) in it.

Tongue Test 1 This is the first of 3 work-outs to help develop correct and eventually fast tonguing. Only the rhythms are notated. You need to play the rhythm patterns to a C scale (one octave up) or can use the five note pattern as an easier alternative. There are 2 ways of working with this material:-

1. Play the same rhythm and get progressively quicker
2. Play different rhythms at the same speed

Try to develop a method of counting out aloud the rhythms before you play them. Use beat numbers as shown in the first few examples. E.g. ♩ ♩ ♩ ♩ becomes 1 2 and 3 4 or tea cof-fee tea tea.

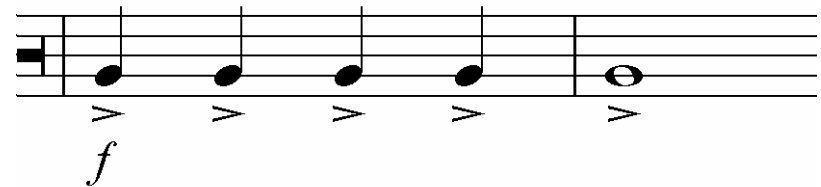
Slurs and Easy Slurs 1-5 These exercises serve as an introduction to the technique of slurring. They start with patterns of just 2 and then 3 notes. Having learnt to play the first exercises you then are given the same melody with different patterns of slurring/tonguing. (This is referred to as "ARTICULATION")

Aerobics 2 This are a more advanced set of slurring exercises and are moving towards the technique of Lip Slurring (That is slurring up and down to notes on the same valves). Work on the evenness of your fingers and good breath control is essential. When you have good control, try the faster speed option. (CD track:tbc {in production})

Aerobics 3 ("Lip Builders") This is a set of short exercises which concentrate on the range of notes between G and the C above (with B and B's) The exercises are to develop range and stamina and in addition ask you to control the way a note is tongued. It is suggested that each exercise is at first played on its own using the slower speed backing tracks. Learn the notes and rhythms and then try to bring in the tongue actions and dynamics. Eventually try to perform the whole piece non-stop. When really confident use the faster backing track.

Here are some explanations of the symbols used and how to use different: - **TONGUE STRIKES**

- The Accented notes. These required a firm and fast release as if saying "TAR" or "DAR" quite loud. The tongue hits



the teeth hard and is followed with plenty of fast flowing air.

Aerobics for Brass Web Edition -Trumpet (B)

<u>Title</u>	<u>Tracks prefixed with-</u>
Aerobics 1	Aero.1
Aerobics 1a	Aero.1
Aerobics 1b	Aero.1
Aerobics 1c	Aero.1
Brass Basics 1	BrBs.1
Brass Basics 2	BrBs.1
Tongue Test 1	Tong Test.1
Slurs	Easy Slurs
Easy Slurs 1	Easy Slurs
Easy Slurs 1a	Easy Slurs
Easy Slurs 2	Easy Slurs
Easy Slurs 2a	Easy Slurs
Easy Slurs 2b	Easy Slurs
Easy Slurs 3	Easy Slurs
Aerobics 2	Aero.2
Aerobics 3	Aero.3
Aerobics 3a	Aero.3a
Introduction to Lip Slurs	Aero.1
Tongue Test 2	Tong Test.1 (or 2 SPL versions)
Extending The Valve Sequence	Exvs
Aerobics 4 exercise 1	Aero.4
Aerobics 4 exercise 2	Aero.4
Aerobics 4 exercise 3	Aero.4
Aerobics 4 exercise 4	Aero.4
Aerobics 5	Aero.5

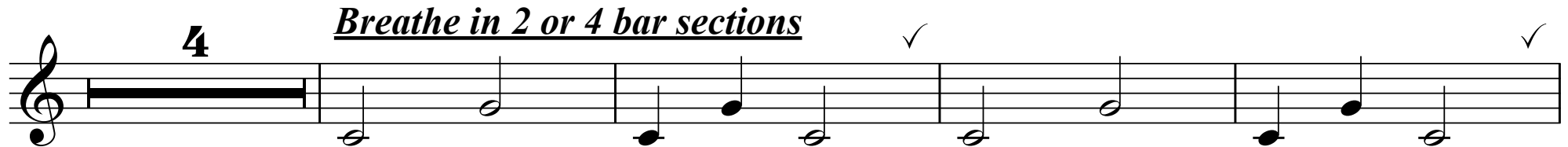
Track Codes

ACO	Accompaniment Only
SP	Solo Part
SPL	Solo Part Live
"@sign"	indicates the speed
Metro	Metronome

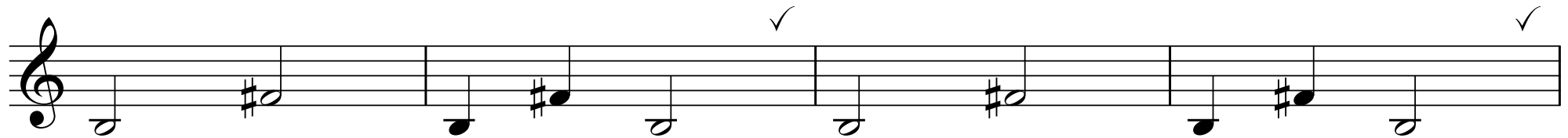
Aerobics for Brass 1

*This exercise uses a basic finger pattern known as :-
going "DOWN THE VALVES". It is vital for you to learn
the simple order of the valves and also
which notes can be played by each set or fingerings*

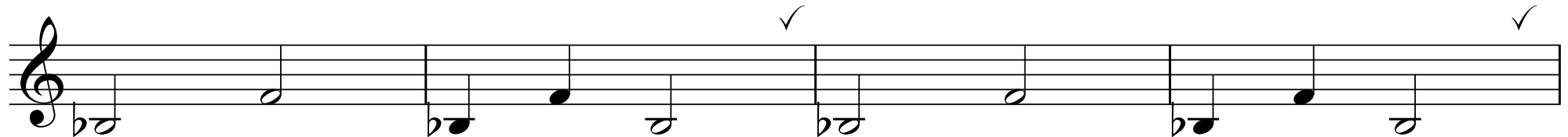
[download](#)
[Aero.1](#)



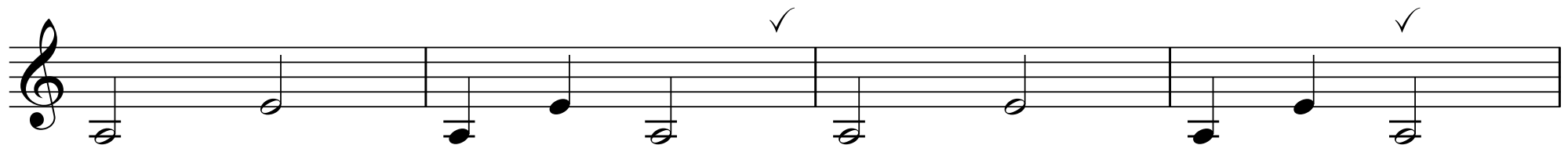
all notes are played on open valves



all notes are played on 2nd valve



all notes are played on 1st valve



all notes are played on 1st and 2nd valves

OR Jump to the "Sign" in Aerobics 1a
to **start your work** on 3 note patterns

Aero.1

4 Aero. 1

all notes are played on 1st and 2nd valves

[illegible]

all notes are played on 2nd valve



The musical notation for the second measure is written on a treble clef staff. It contains a sequence of notes: a half note G4, a quarter note A4, a quarter note B4, a half note C5, a quarter note B4, a quarter note A4, a half note G4, a quarter note F#4, a quarter note E4, and a half note D4. The notes are grouped by vertical bar lines: G4 and A4 are in the first group, B4 and C5 in the second, B4 and A4 in the third, G4 and F#4 in the fourth, E4 and D4 in the fifth, and G4 and F#4 in the sixth. The notes are all played on the 2nd valve.

all notes are played on open valves

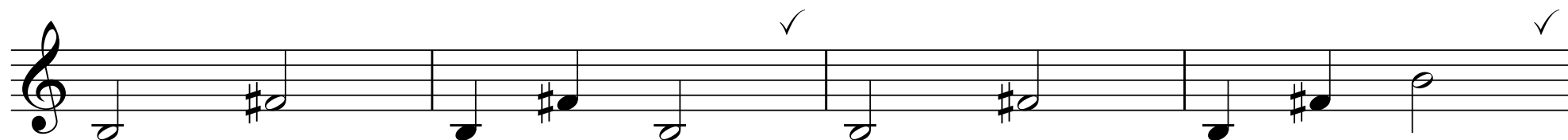
Aerobics for Brass 1a

Now try this exercise which requires you to play 3 notes on each valve combination. If you are new to this start at the "Sign" and work "up the valves"

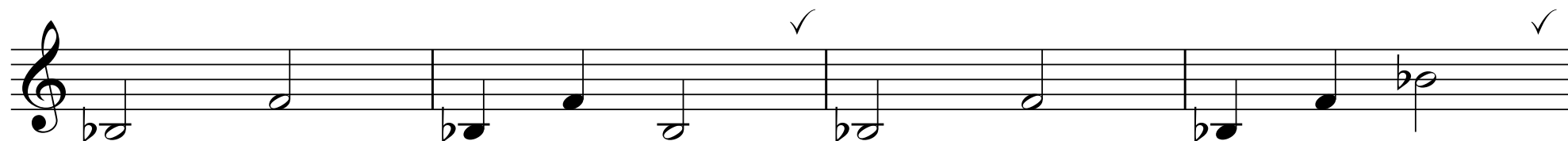
download
Aero.1



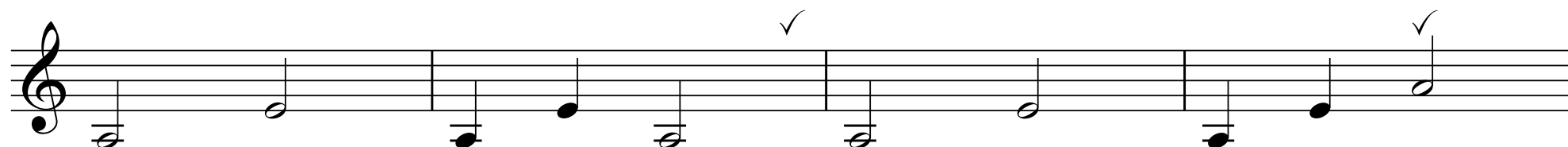
all notes are played on open valves



all notes are played on 2nd valve



all notes are played on 1st valve



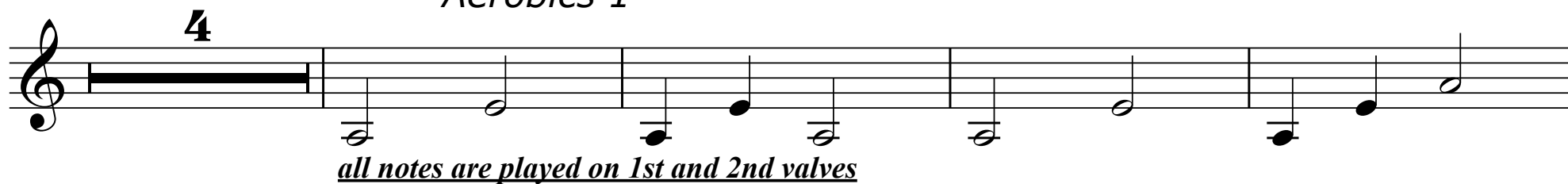
all notes are played on 1st and 2nd valves



*Jump to here having played the 1st half of
Aerobics 1*

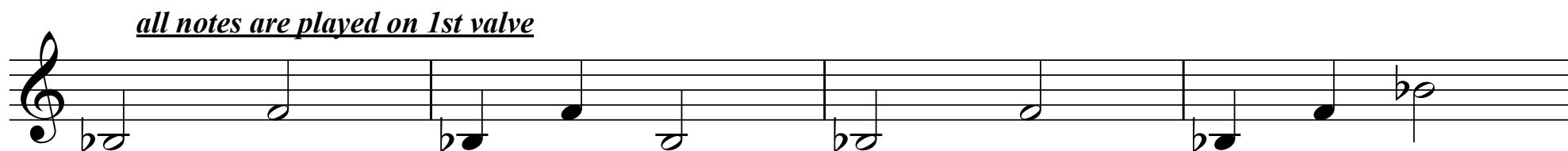
[download](#)
[Aero.1](#)

4

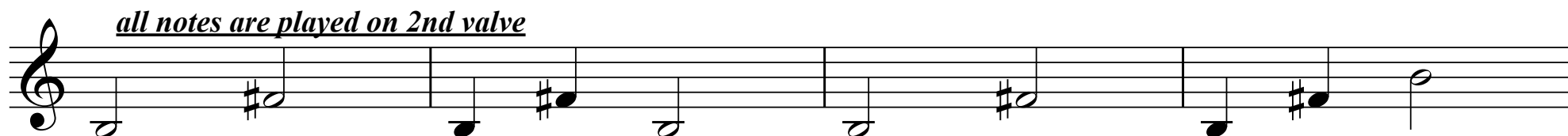


all notes are played on 1st and 2nd valves

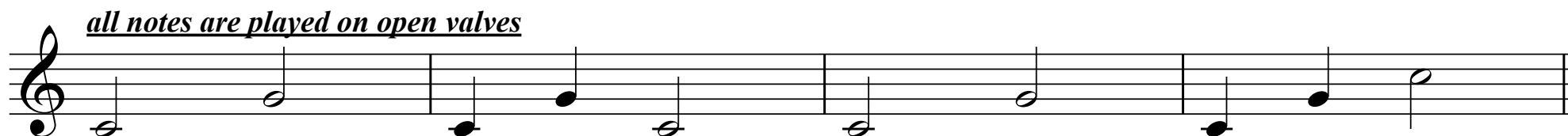
all notes are played on 1st valve



all notes are played on 2nd valve



all notes are played on open valves



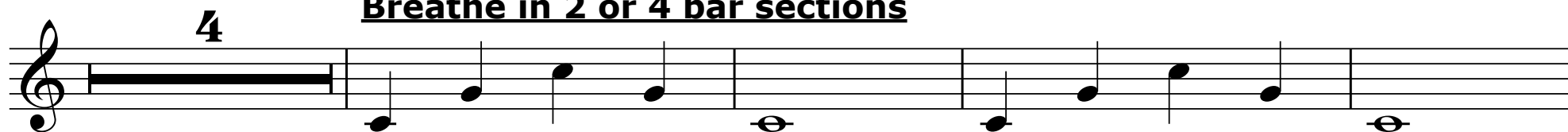
Aerobics for Brass 1b

download

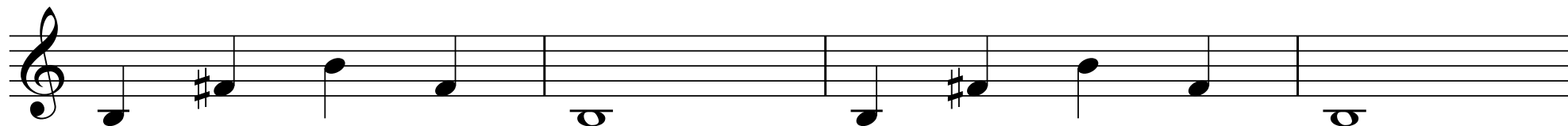
Aero.1

Here is another 3 note pattern

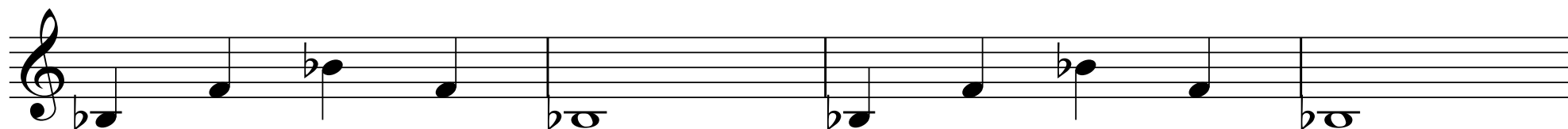
Breathe in 2 or 4 bar sections



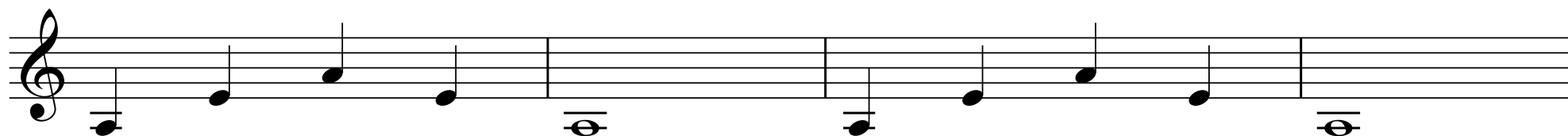
all notes are played on open valves



all notes are played on 2nd valve



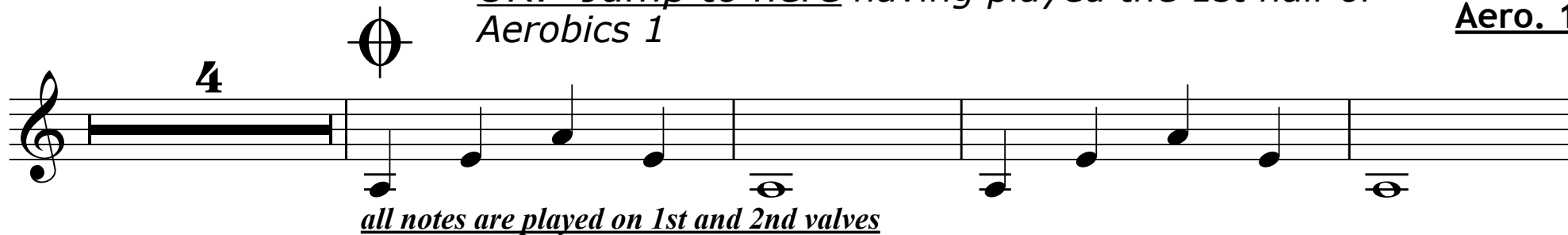
all notes are played on 1st valve



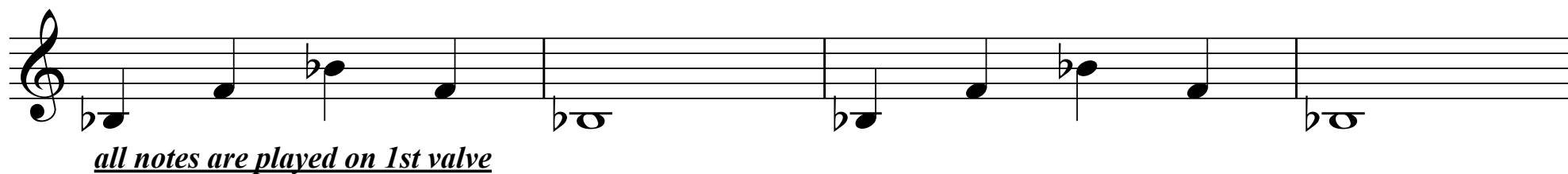
all notes are played on 1st and 2nd valves

OR:- Jump to here having played the 1st half of [download](#)
Aerobics 1 [Aero. 1](#)

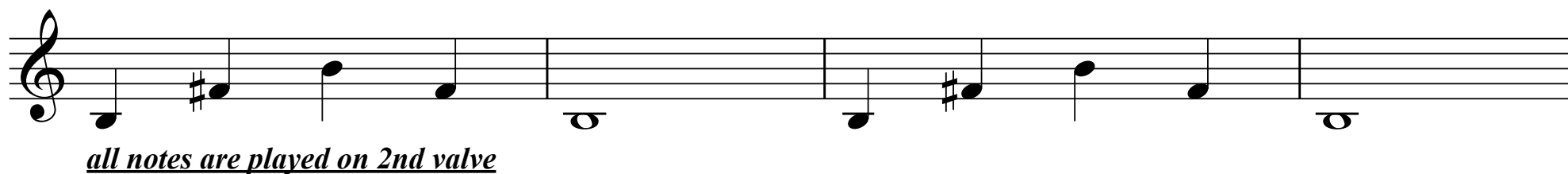
4



all notes are played on 1st and 2nd valves

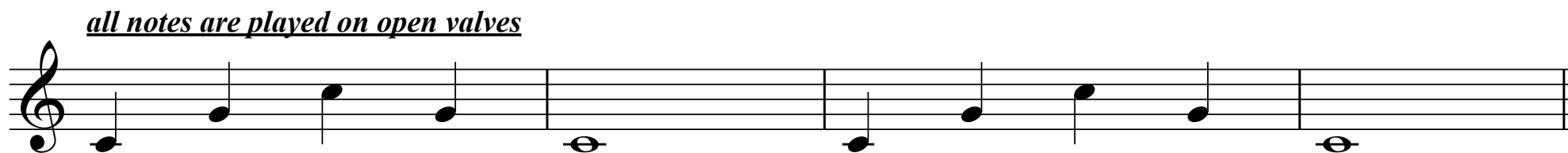


all notes are played on 1st valve



all notes are played on 2nd valve

all notes are played on open valves

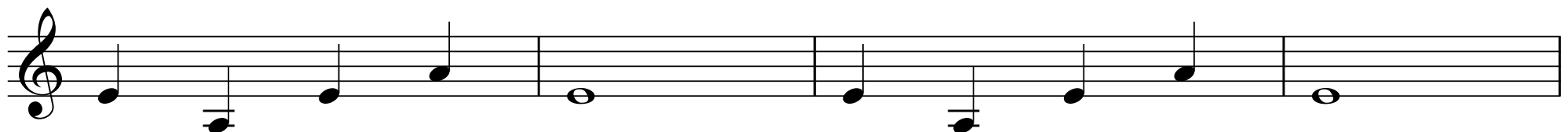
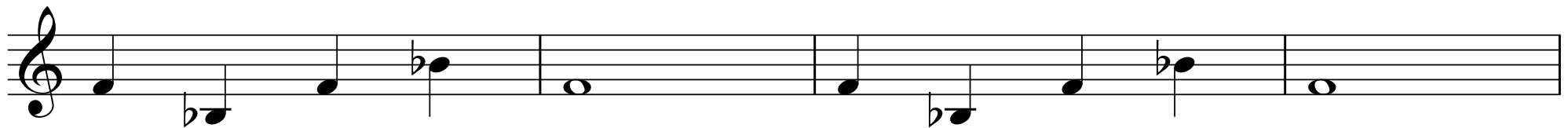
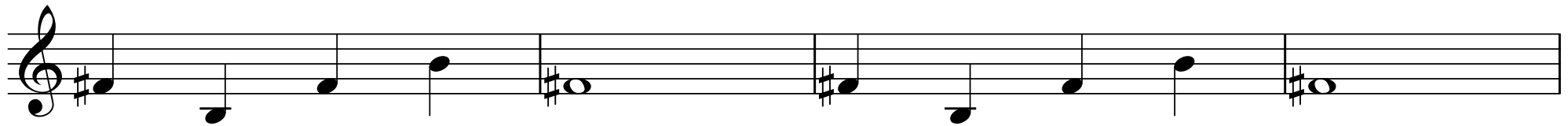


Aerobics for Brass 1c

download
Aero.1

Here is another 3 note pattern

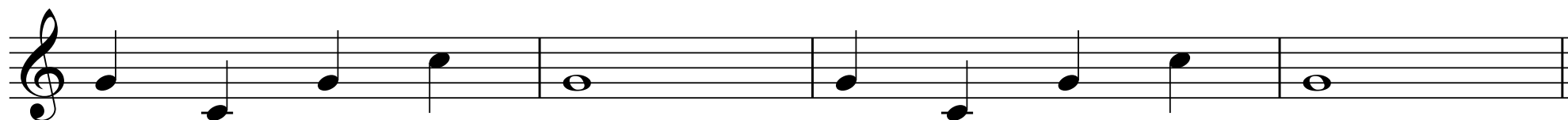
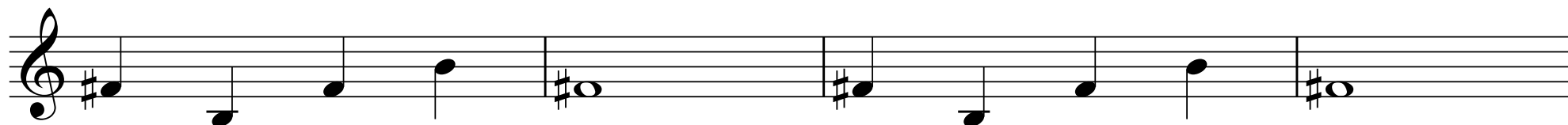
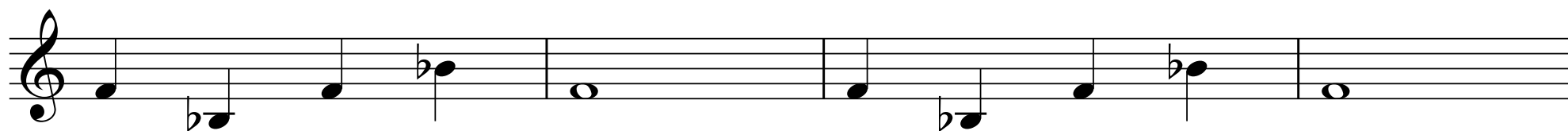
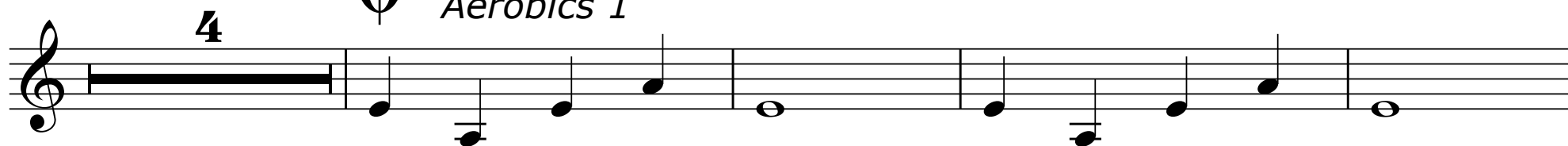
Breathe in 2 or 4 bar sections



[download](#)
[Aero.1](#)



*OR:- Jump to here having played the 1st half of
Aerobics 1*

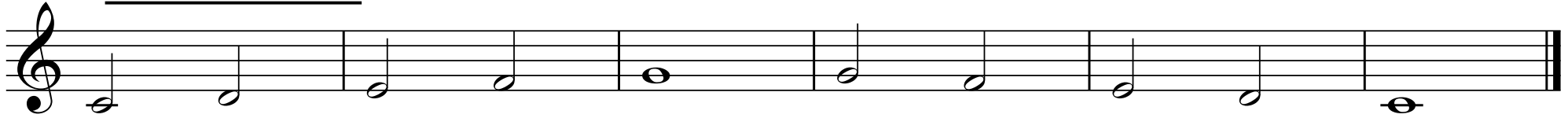


The Super 7

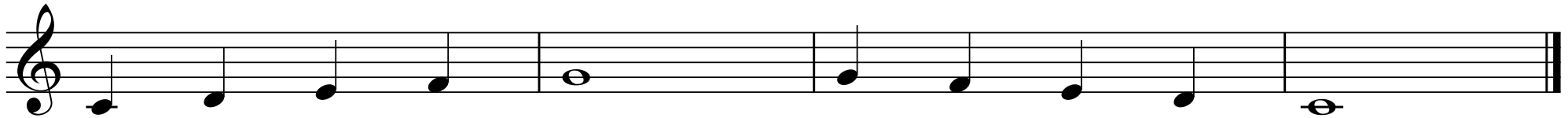
Brass Basics 1:- The First Five

download
BrBs.1

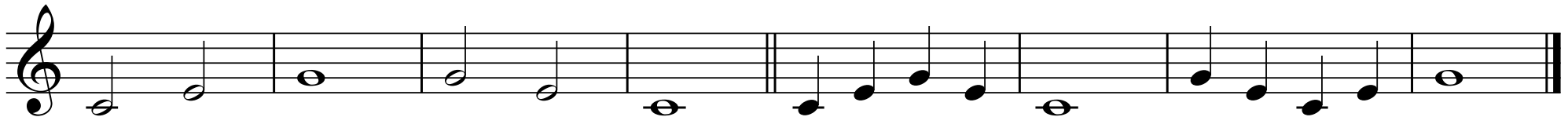
① Five Note C Scale



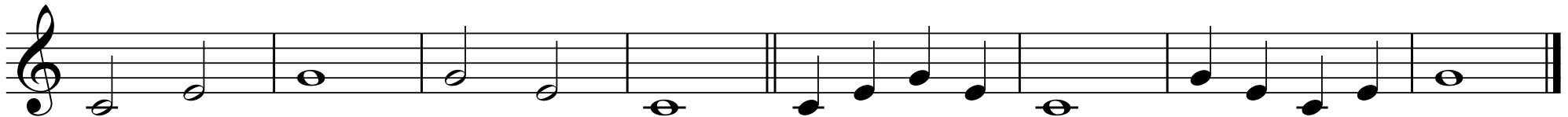
② Five Note C Scale:-quicker



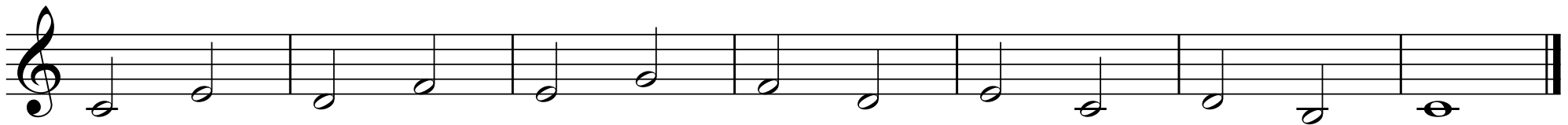
③ Three Note C Arpeggio



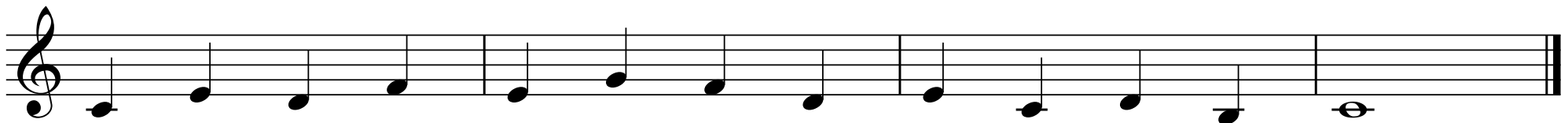
④ Three Note C Arpeggio (quicker+inversion)

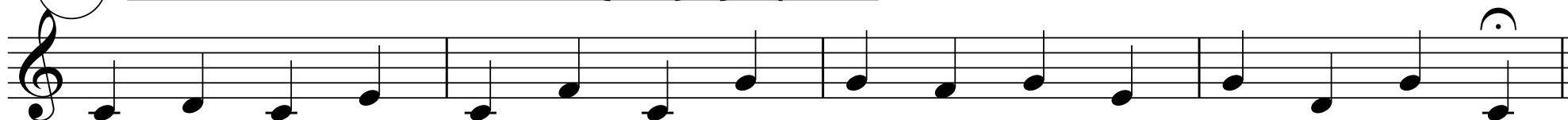


⑤ Five Notes in 3rds {Cmajor}



⑥ Five Notes in 3rds {Cmajor}:- quicker

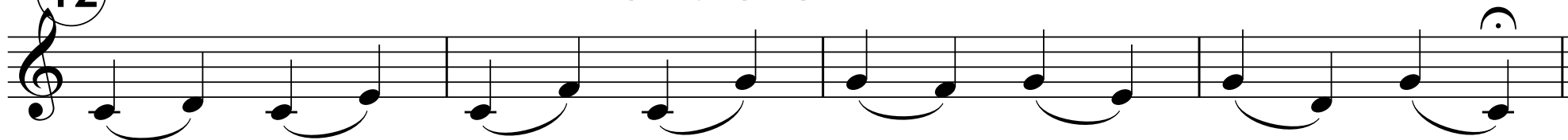




Brass Basics 2:- Dmj. Fmj.

12

Five Note "interval"extensions {Cmajor} :-quicker/SLURRED*



13

Five Note D Scale



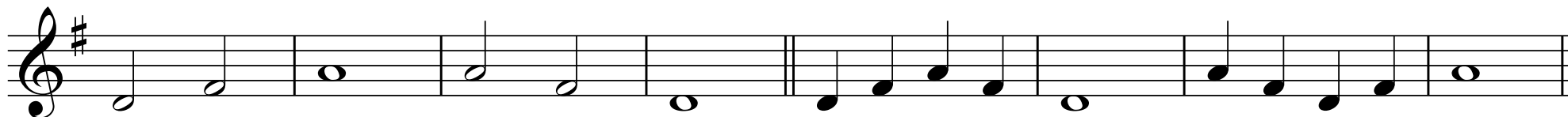
14

Five Note D Scale:-quicker



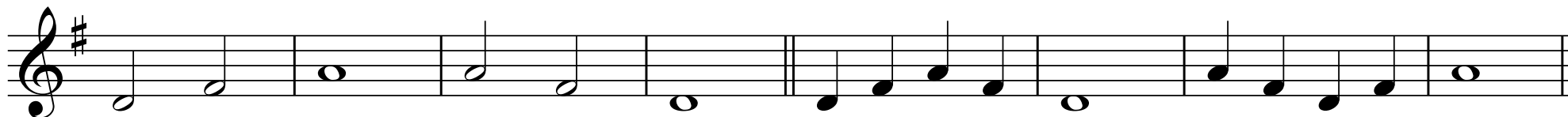
15

Three Note D Arpeggio



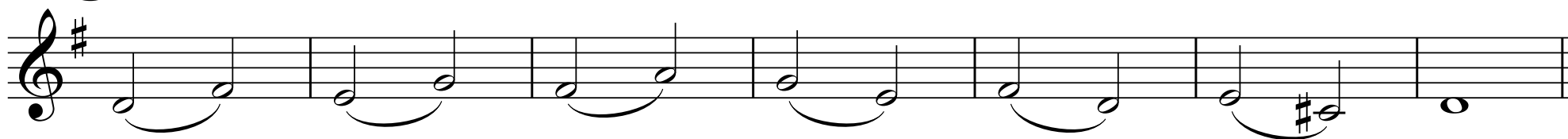
16

Three Note D Arpeggio (quicker+inversion)



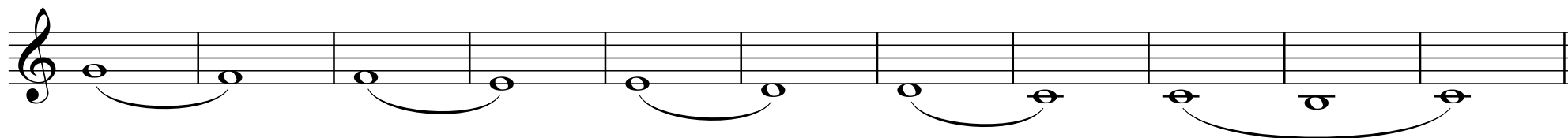
17

Five Notes in 3rds {D major} SLURRED*



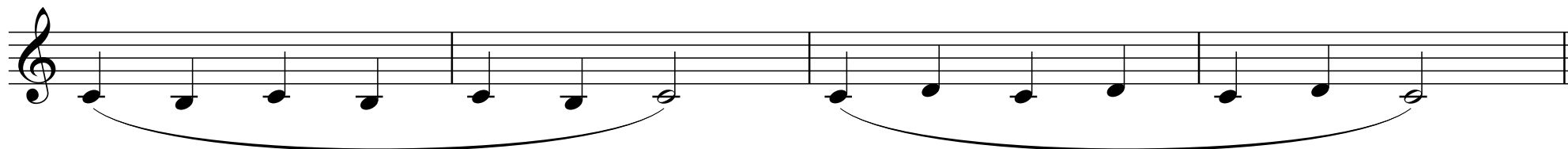
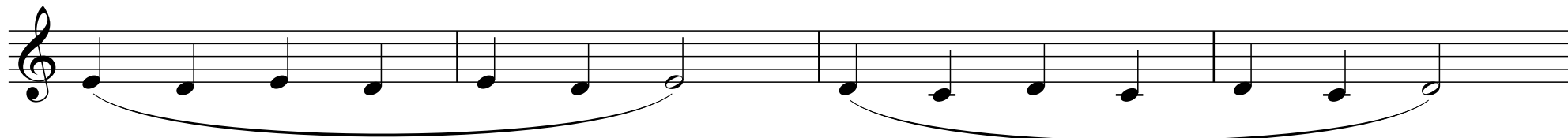
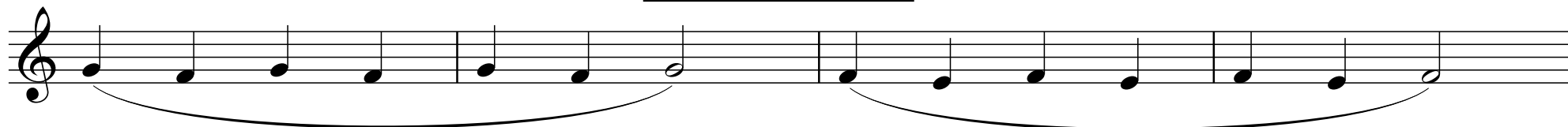
Slurs

A slur is shown as a curved line joining two or more notes and is played by allowing the air to flow as you change valves, instead of using a tongue action. As if saying "aah" Try these preliminary exercises.



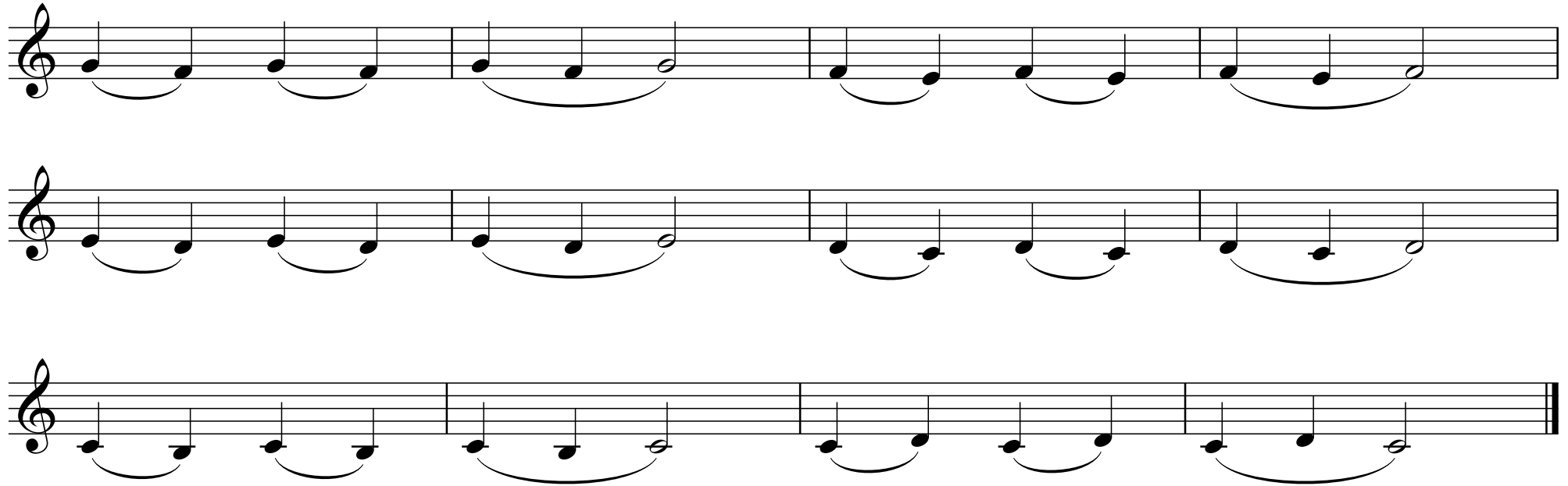
[download](#)
[easy slurs](#)

easy slurs 1



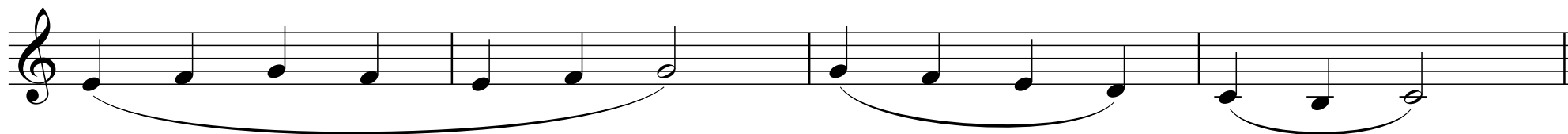
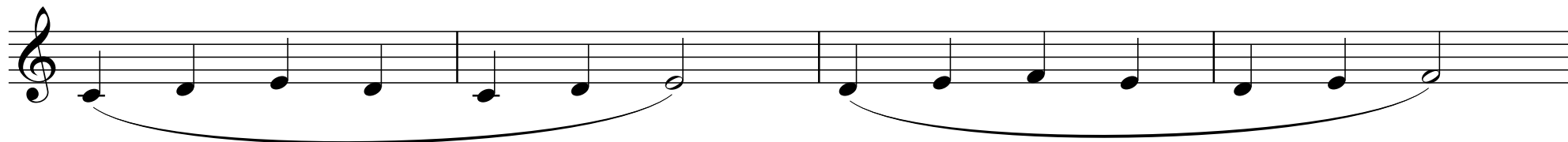
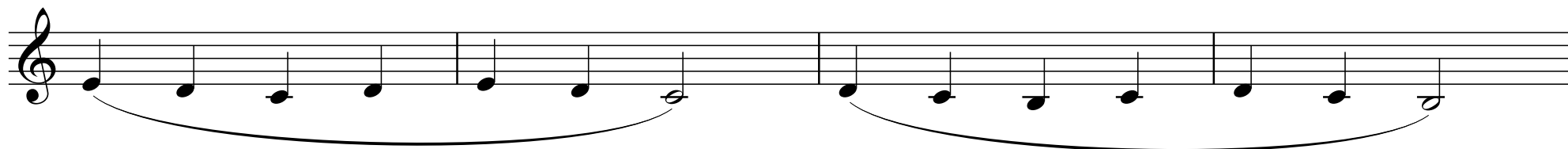
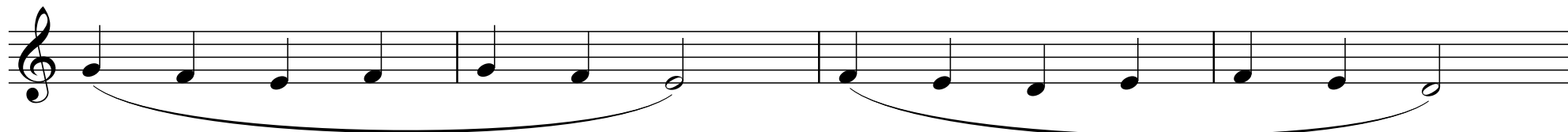
easy slurs 1a

download
easy slurs

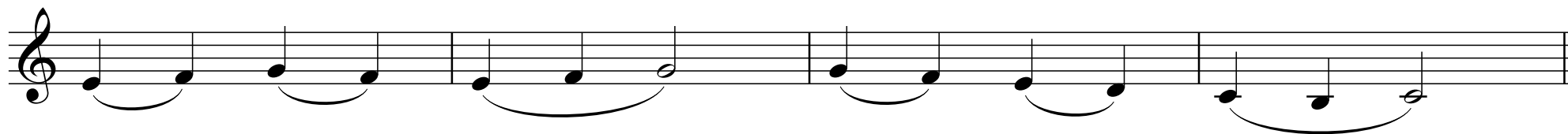
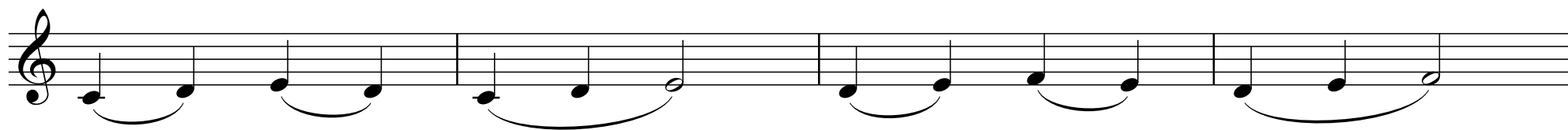
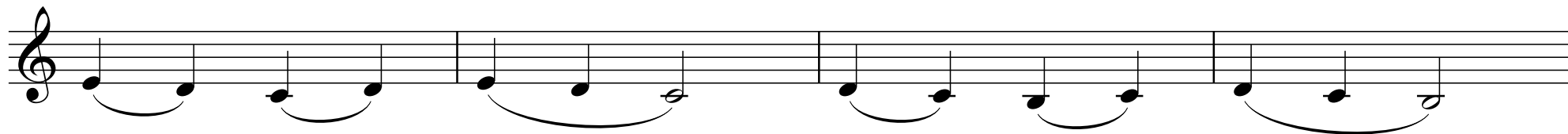


easy slurs 2

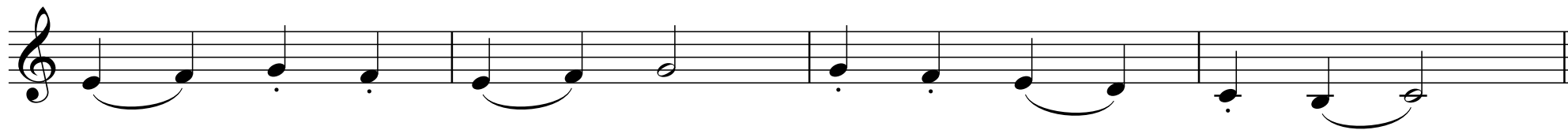
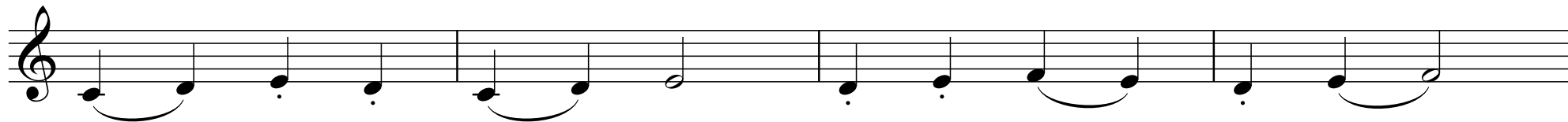
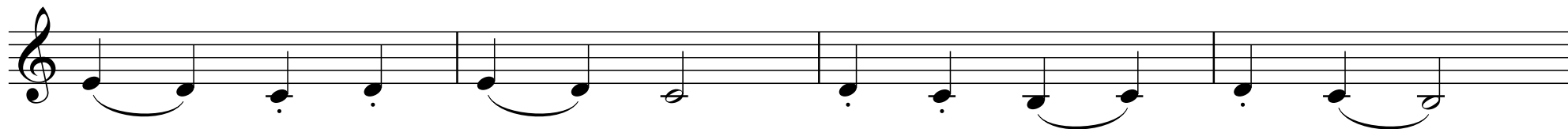
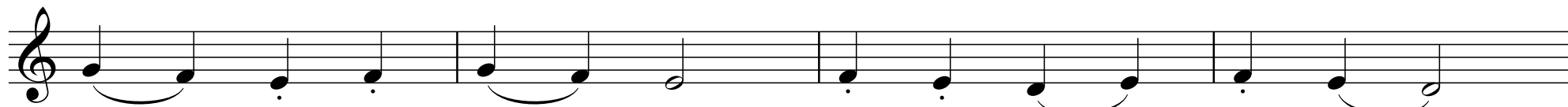
[download](#)
[easy slurs](#)



easy slurs 2a

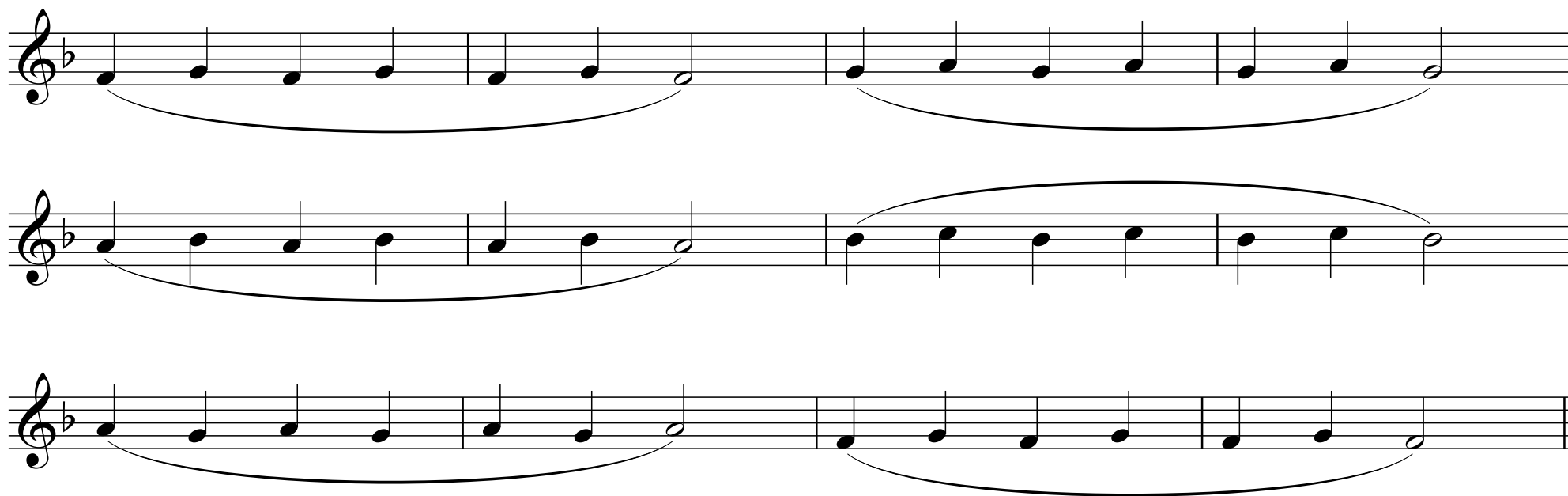


easy slurs 2b



easy slurs 3

download
easy slurs



18

Five Note F Scale



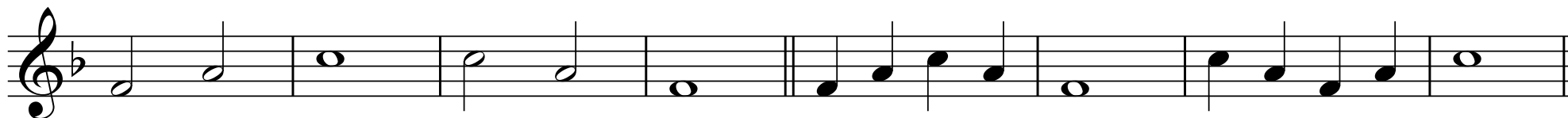
19

Five Note F Scale:-quicker



20

Three Note F Arpeggio



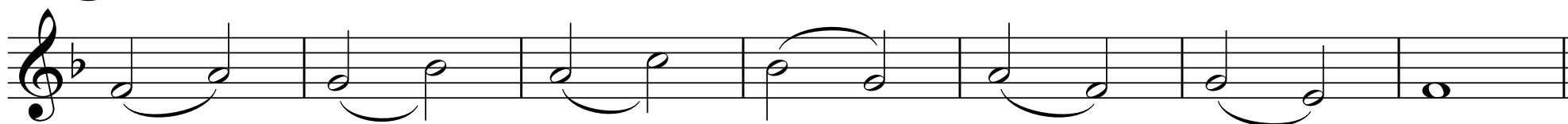
21

Three Note F Arpeggio (quicker+inversion)



22

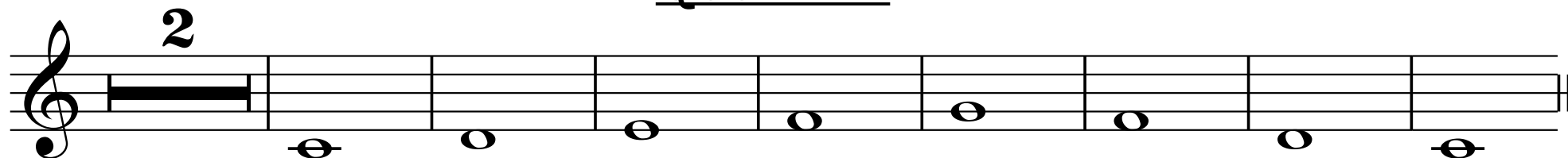
Five Notes in 3rds {F major} SLURRED*



Tongue Test 1

download
Tong Test.1

Quavers



*Play any of the rhythms below on the above pattern of notes
It will help to learn the pattern first.*

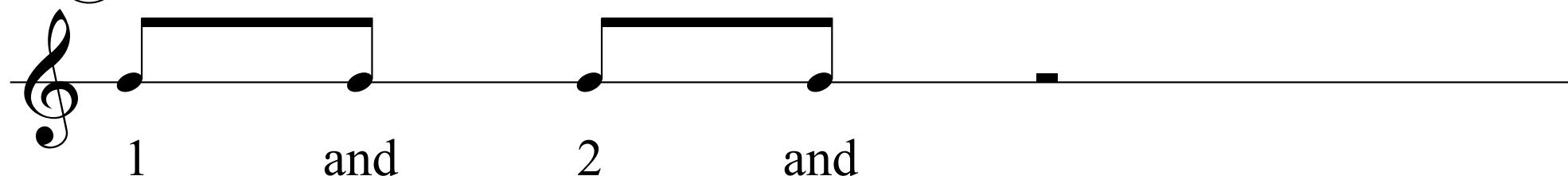
Use the backing tracks to play the rhythms progressively faster

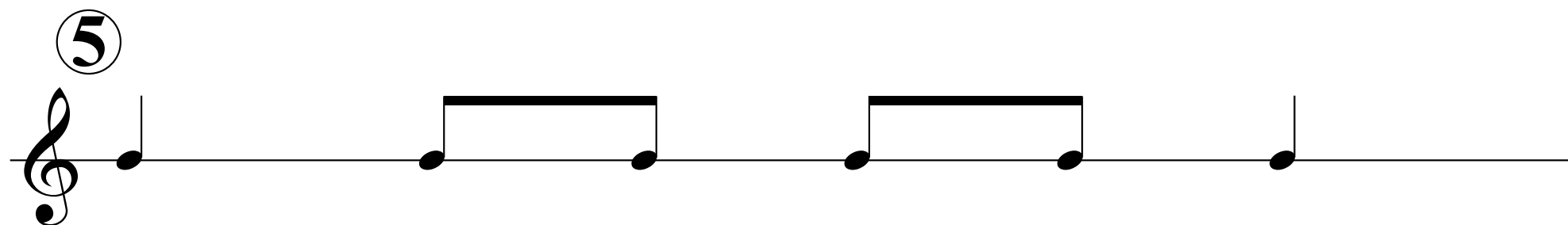
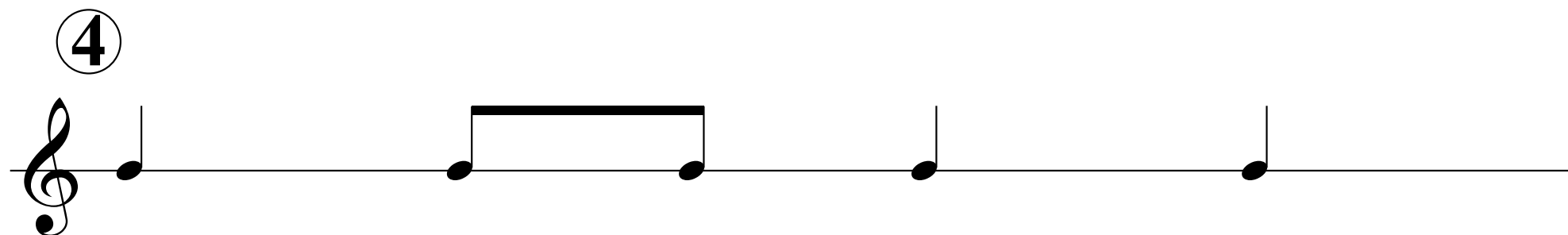
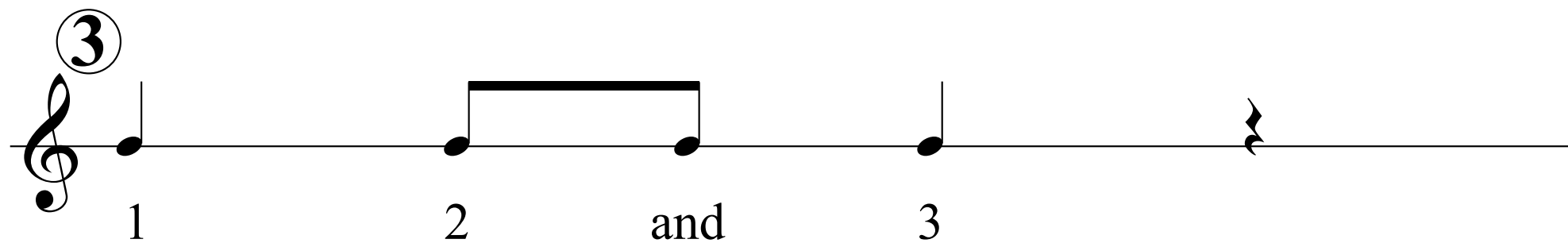
①

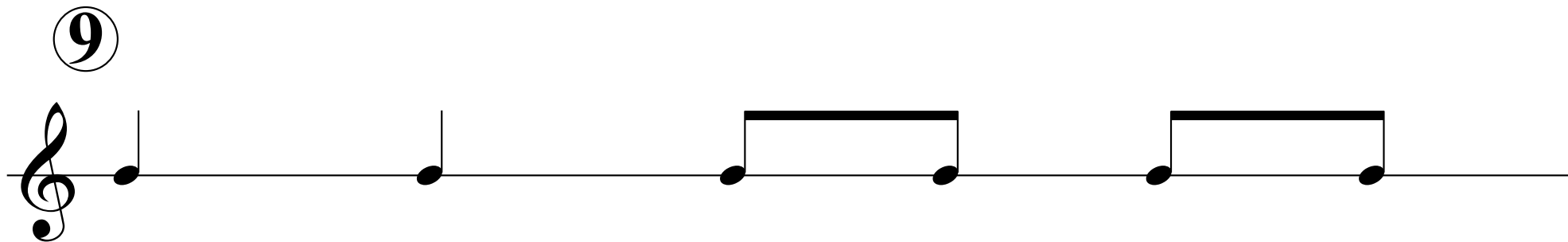
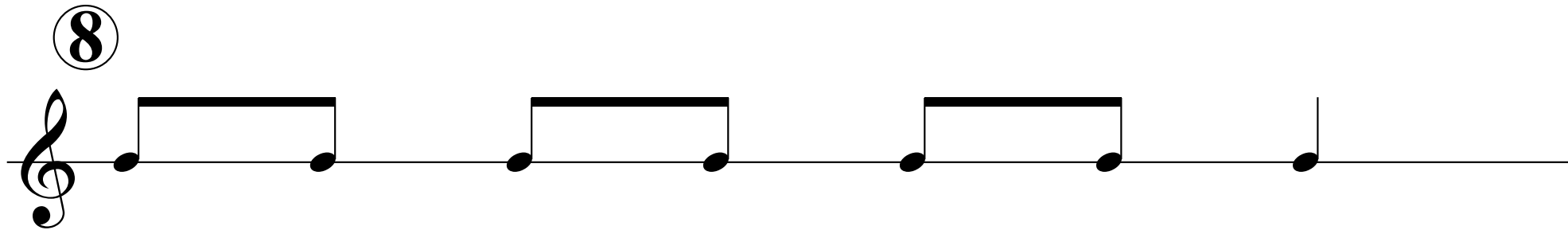
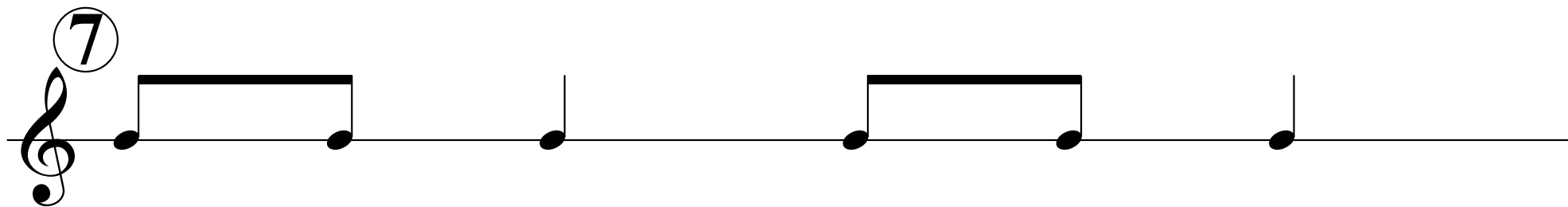
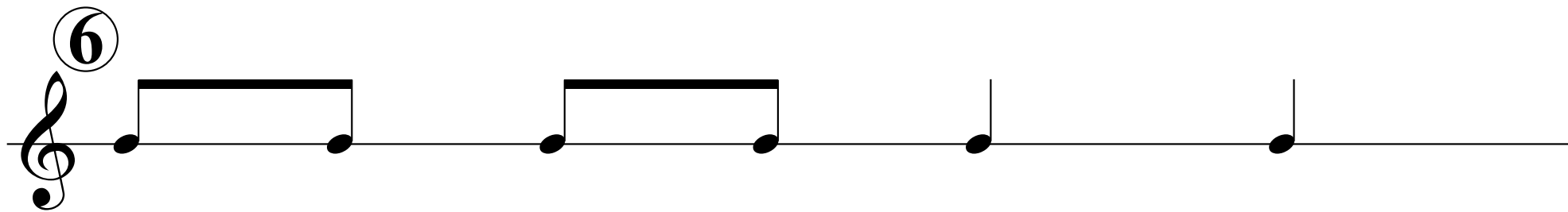


*It may help to think of the beat numbers and
divide the quavers with "and" The first 3 are
done for you*

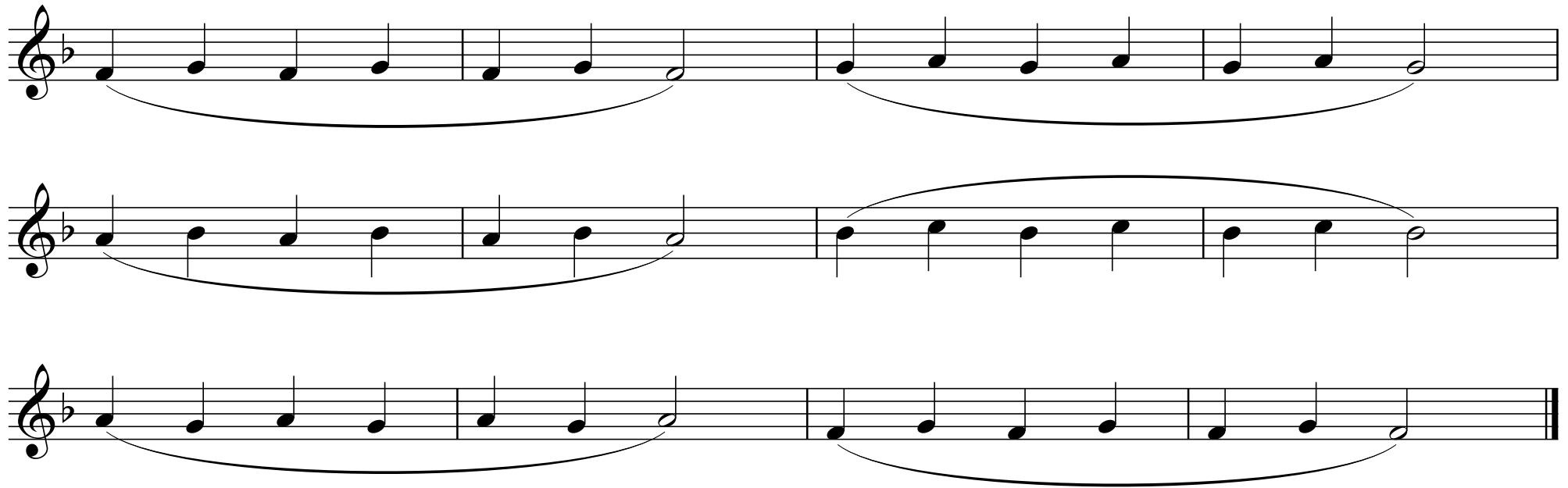
②





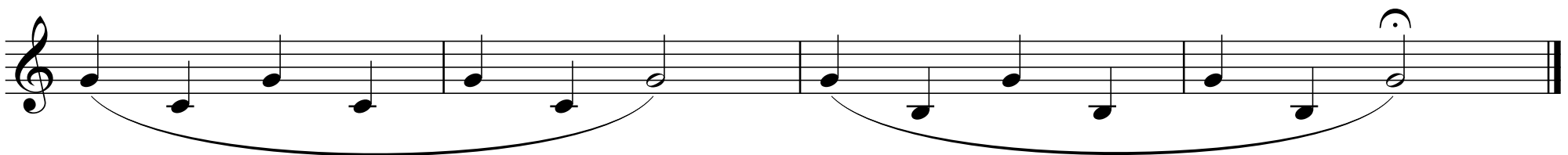
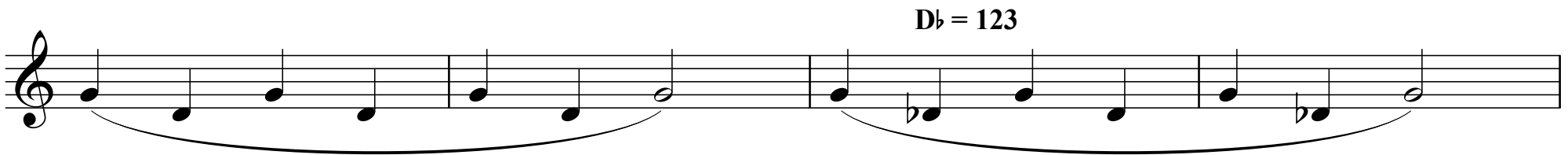
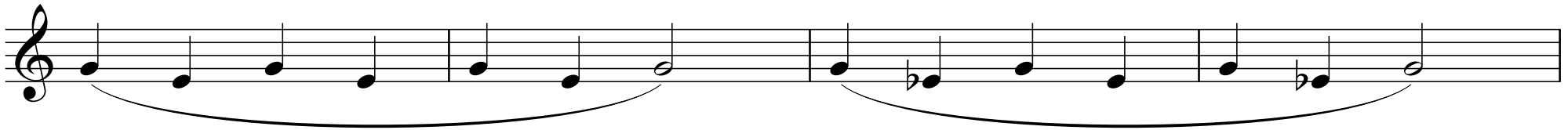
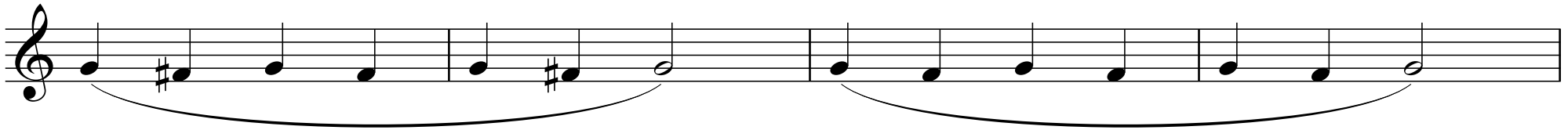
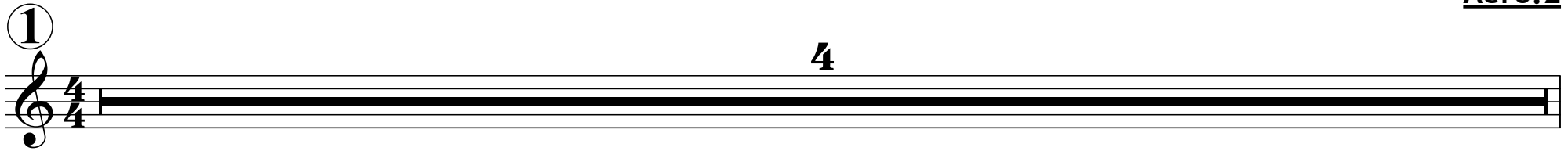


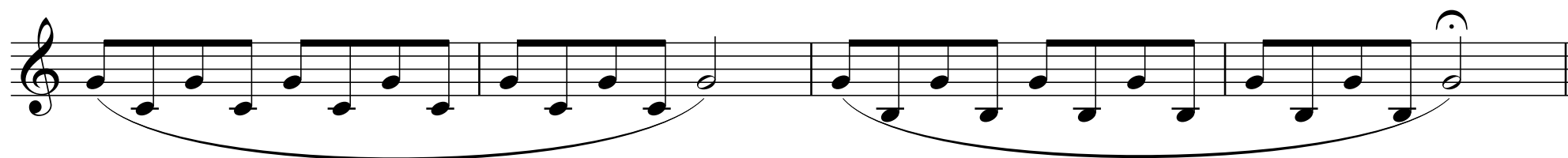
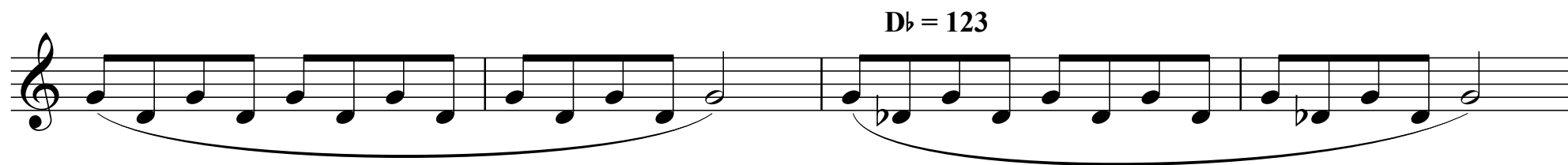
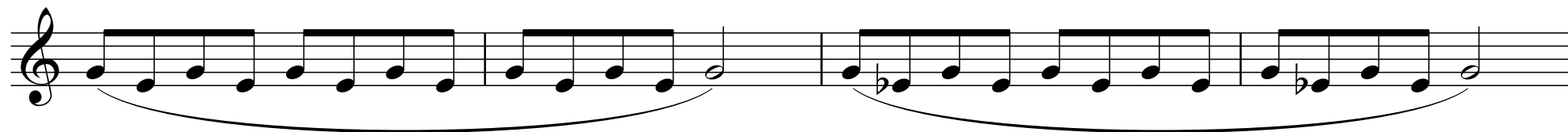
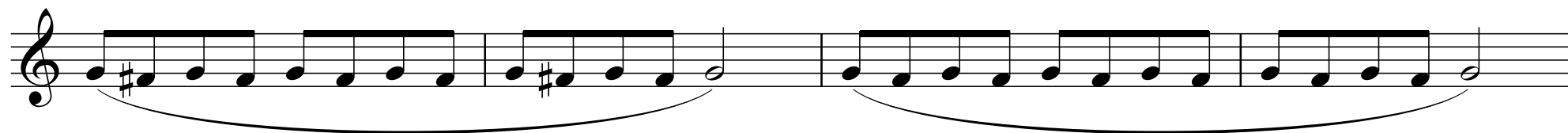
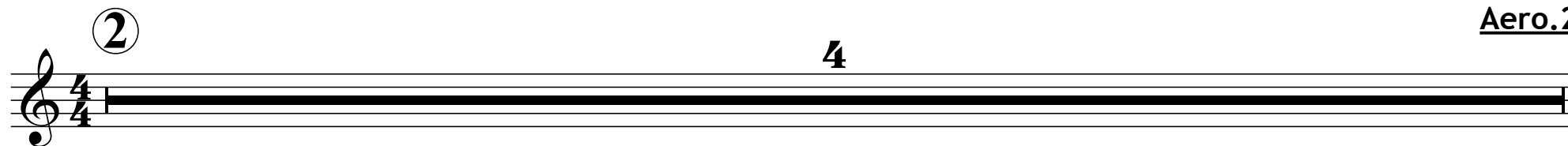
easy slurs 3



Aerobics 2

[download](#)
[Aero.2](#)





Aerobics 3

[download](#)
[Aero.3](#)

①

Lip Builders (exercises for range building "G" to "C")

First system of exercise 1. It consists of two staves in 4/4 time. The first staff begins with a 4-measure rest, followed by a half note G4, a half note A4, a half note B4, and a half note C5. The second staff begins with a half note G4, a half note A4, a half note B4, and a half note C5. The first measure of the second staff is marked with a forte (*f*) dynamic. The first measure of the first staff is marked with a 4. The first measure of the second staff is marked with a 4. The first measure of the second staff is marked with a 4. The first measure of the second staff is marked with a 4.

②

First system of exercise 2. It consists of two staves in 4/4 time. The first staff begins with a 2-measure rest, followed by a half note G4, a half note A4, a half note B4, and a half note C5. The second staff begins with a half note G4, a half note A4, a half note B4, and a half note C5. The first measure of the second staff is marked with a mezzo-forte (*mf*) dynamic. The first measure of the first staff is marked with a 2. The first measure of the second staff is marked with a 2. The first measure of the second staff is marked with a 2. The first measure of the second staff is marked with a 2.

③ *mf*

First system of exercise 3. It consists of two staves in 4/4 time. The first staff begins with a 2-measure rest, followed by a half note G4, a half note A4, a half note B4, and a half note C5. The second staff begins with a half note G4, a half note A4, a half note B4, and a half note C5. The first measure of the second staff is marked with a forte (*fz*) dynamic. The first measure of the first staff is marked with a 2. The first measure of the second staff is marked with a 2. The first measure of the second staff is marked with a 2. The first measure of the second staff is marked with a 2.

④

2

p

⑤

2

mf

⑥

2

f

⑦

2

mp

Exercise 7, measures 1-5. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 2/4 time signature. A thick black bar indicates a whole rest for the first measure. The melody starts in the second measure with a quarter note G4, followed by quarter notes A4, B-flat4, and A4 in the third measure. The fourth measure contains a half note G4, and the fifth measure contains a half note F4. A slur covers the last two measures. The second staff continues the accompaniment with quarter notes G3, F3, E3, and D3 in the first measure, followed by quarter notes C3, B2, and A2 in the second measure. The third measure has a half note G2, and the fourth measure has a half note F2. The fifth measure contains a whole note E2. Dynamics include *mp* at the start and crescendo/decrescendo markings.

⑧

2

f *mp*

mf *f*

Exercise 8, measures 1-5. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 2/4 time signature. A thick black bar indicates a whole rest for the first measure. The melody starts in the second measure with a quarter note G4, followed by quarter notes A4, B-flat4, and A4 in the third measure. The fourth measure contains a half note G4, and the fifth measure contains a half note F4. A slur covers the last two measures. The second staff continues the accompaniment with quarter notes G3, F3, E3, and D3 in the first measure, followed by quarter notes C3, B2, and A2 in the second measure. The third measure has a half note G2, and the fourth measure has a half note F2. The fifth measure contains a whole note E2. Dynamics include *f* at the start, *mp* in the middle, and *mf* and *f* at the bottom.

⑨

2

f *mp*

mf *ff*

Exercise 9, measures 1-5. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 2/4 time signature. A thick black bar indicates a whole rest for the first measure. The melody starts in the second measure with a quarter note G4, followed by quarter notes A4, B-flat4, and A4 in the third measure. The fourth measure contains a half note G4, and the fifth measure contains a half note F4. A slur covers the last two measures. The second staff continues the accompaniment with quarter notes G3, F3, E3, and D3 in the first measure, followed by quarter notes C3, B2, and A2 in the second measure. The third measure has a half note G2, and the fourth measure has a half note F2. The fifth measure contains a whole note E2. Dynamics include *f* at the start, *mp* in the middle, and *mf* and *ff* at the bottom.

Aerobics 3 a

[download](#)
[Aero.4a](#)

Lip Builders (play this lower version as well)

①

4

f

②

2

mf

f

③

2

mf

f

mp

mp

f

④

2

p

4/4

4/4

⑤

2

mf

4/4

4/4

⑥

2

f

4/4

4/4

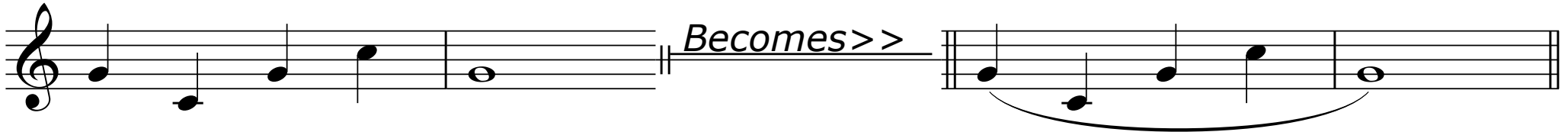
The first staff of music is written in treble clef with a key signature of one sharp (F#). It begins with a quarter rest, followed by a sequence of eighth and quarter notes: G4 (quarter), A4 (eighth), B4 (eighth), C5 (quarter), D5 (quarter), E5 (quarter), F#5 (quarter), G5 (quarter), A5 (quarter), B5 (quarter), C6 (quarter), and D6 (quarter). The staff concludes with a double bar line.

Example 10-10 is a musical score in treble clef with a key signature of one sharp (F#). It begins with a 2-measure rest, indicated by a thick black bar. The melody then starts with a forte (*f*) dynamic, marked by a bold italicized 'f' below the first note. The melody consists of eighth and quarter notes, transitioning to a mezzo-piano (*mp*) dynamic, marked by a bold italicized 'mp' below the notes. The score is labeled with a circled '9' at the beginning and a circled '10' at the end.

Introduction to "Lip Slurs"

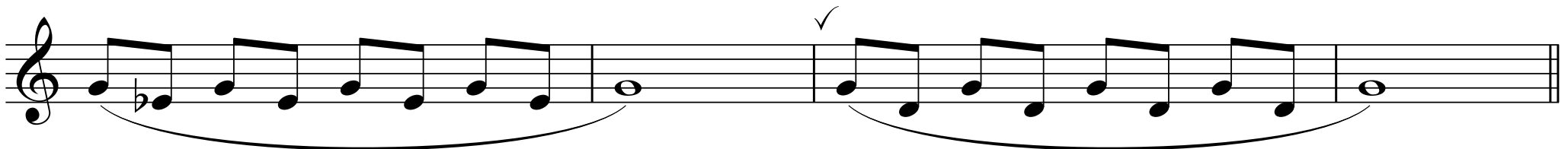
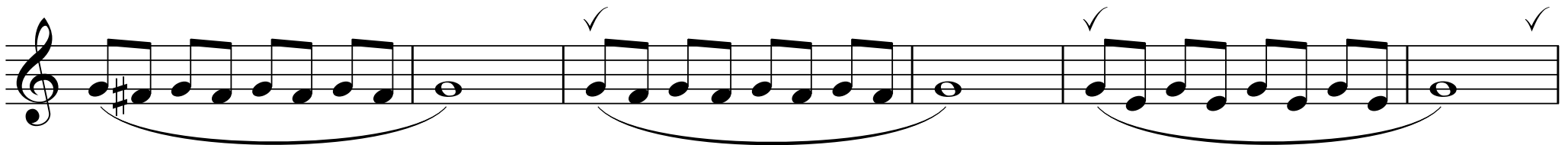
download
Aero.1

**Aerobics 1,1a,etc can all be played
using what is known as a "lip slur"**



*Tongue the first note and
then move using only your
lip muscles and your breath*

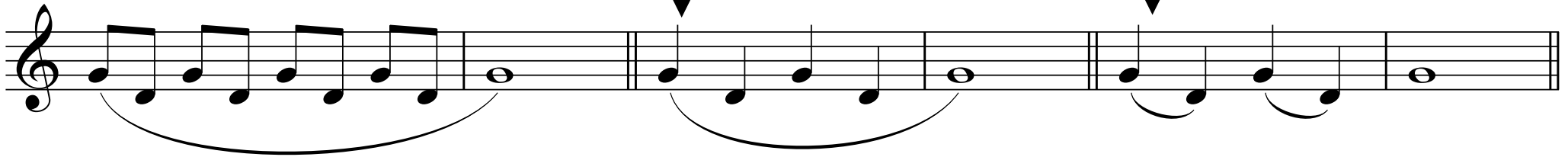
**Here are some preliminary exercises to help
develop the control required for the lip slur
remember you only tongue the first note**



**Play this again but use 1 and 3
for both notes**

**You will probably find
this hard!! Try it slower**

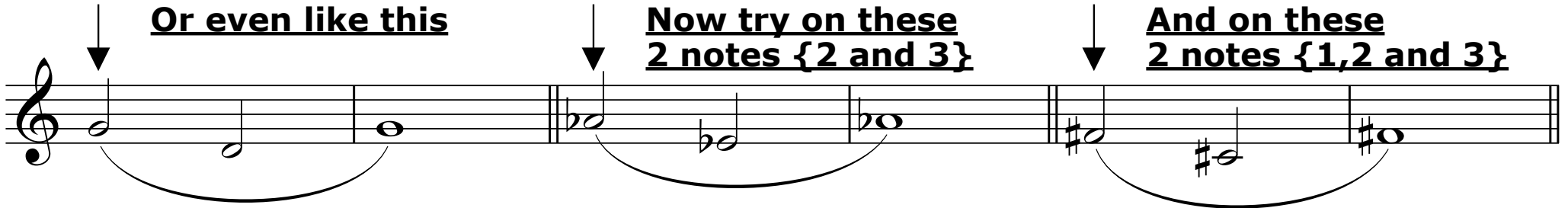
Or maybe like this



Or even like this

**Now try on these
2 notes {2 and 3}**

**And on these
2 notes {1,2 and 3}**



Now try this pattern on open valves

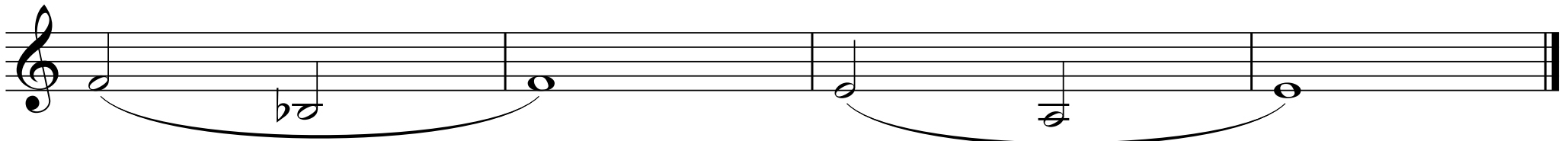
Now try this pattern on 2nd valve



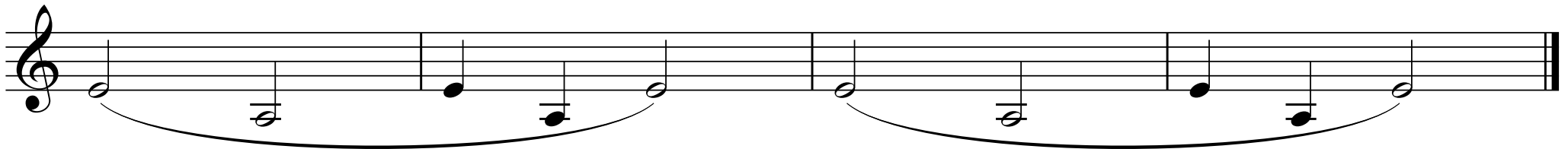
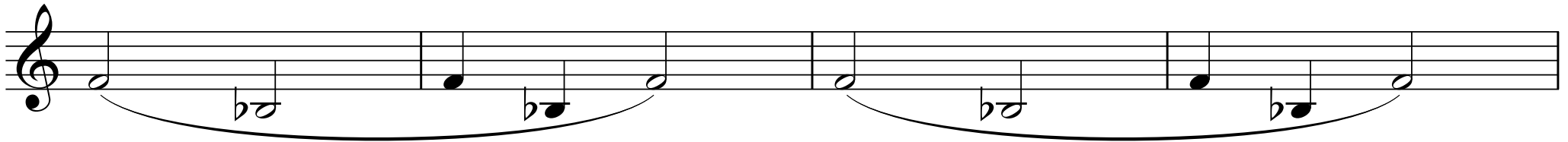
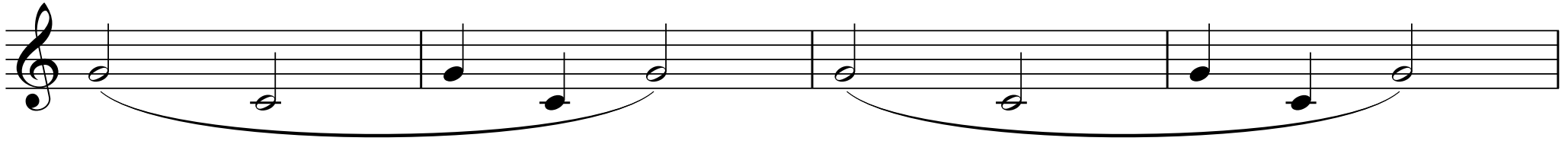
*Tongue the first note and
then move using only your
lip muscles and your breath*

Now try this pattern on 1st valve

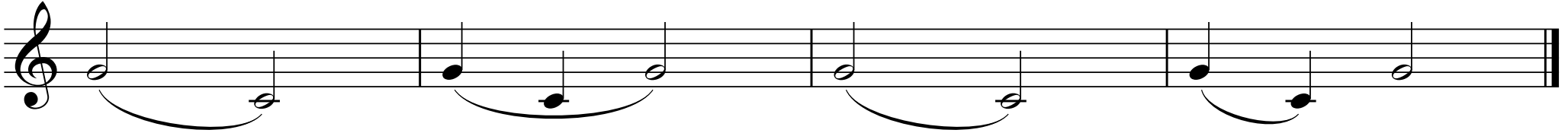
Now try this pattern on 1st and 2nd



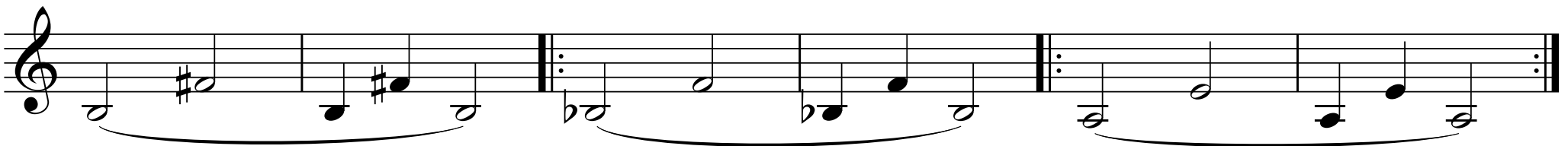
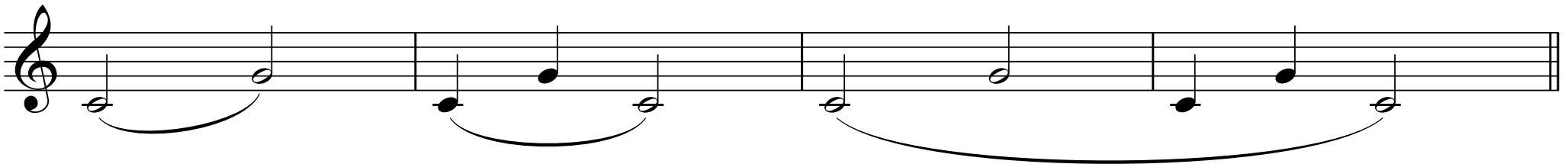
Now try this extension of the pattern on open valves and proceed
"Down The Valves"



If you find the above too hard then try these easier variations,
again proceed "Down The Valves"



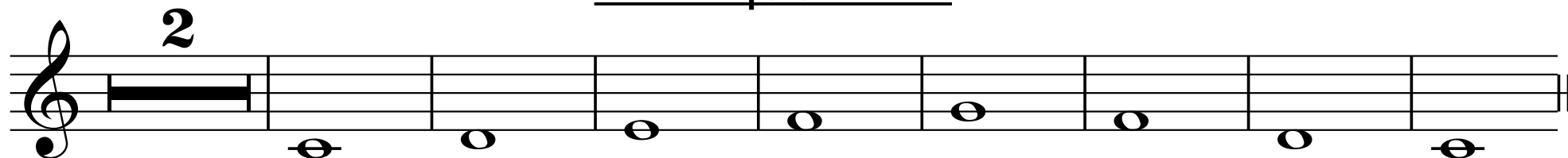
Here is the pattern used in AEROBICS 1 now written as a lip slur exercise.
You can try all the AEROBICS as "LIP SLURS"
and you can use the same backing tracks



Tongue Test 2

[download](#)
Tong Test.1

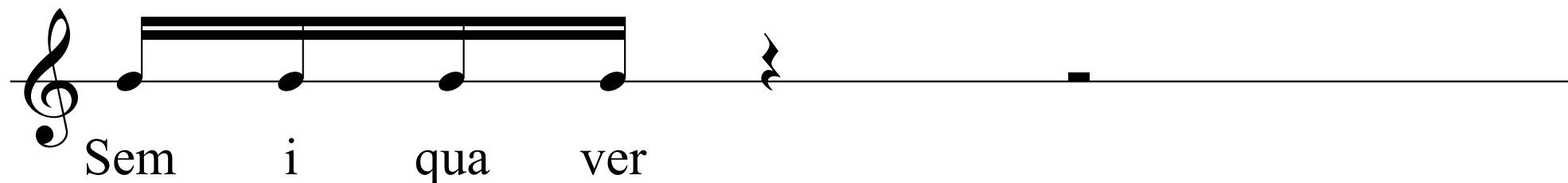
Semiquavers



*Play any of the rhythms below on the above pattern of notes
It will help to learn the pattern first.*

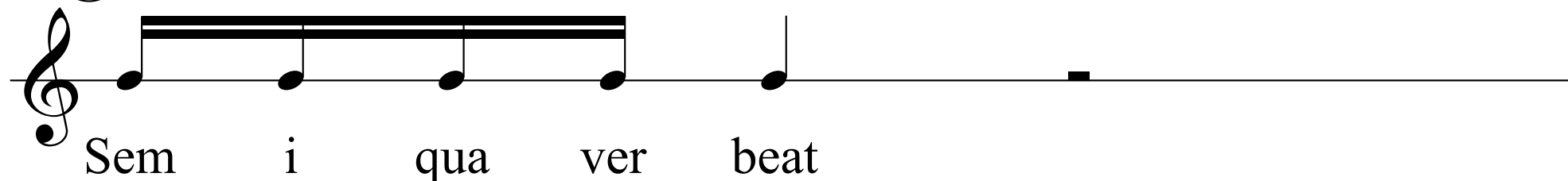
Use the backing tracks to play the rhythms progressively faster

①

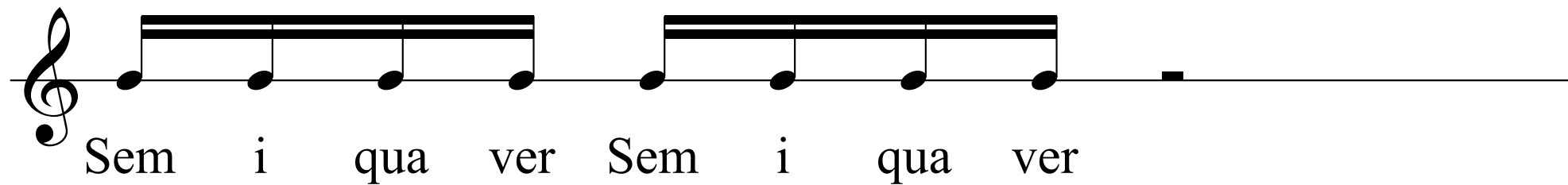


*It may help to think of the word
"semiquaver" say it fast!! remember the rests*

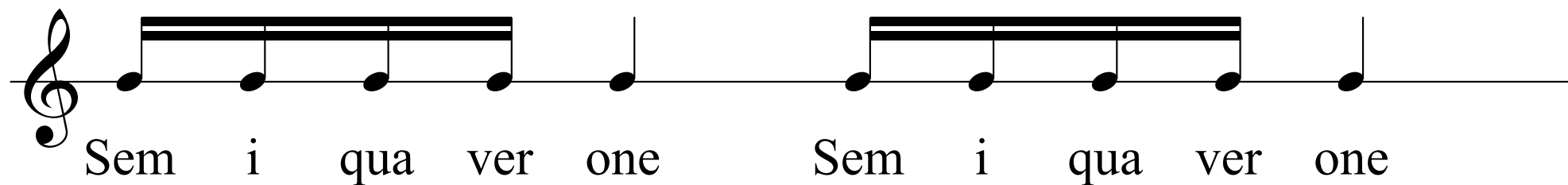
②



③



④

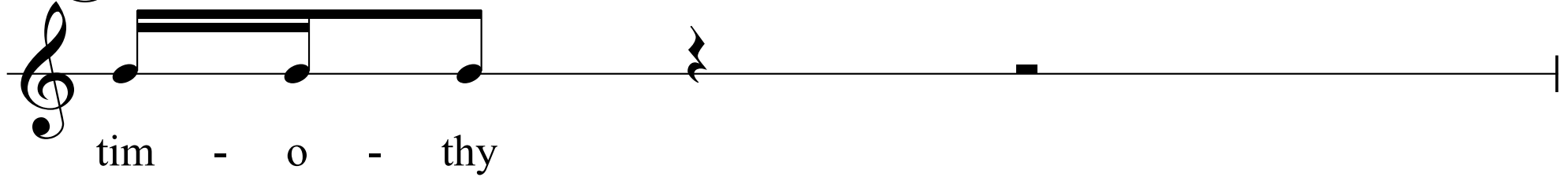


⑤

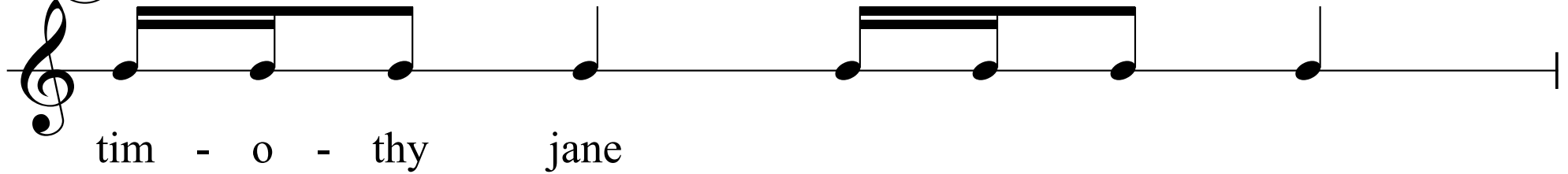


*It may help to think of the words
shown below the rhythm*

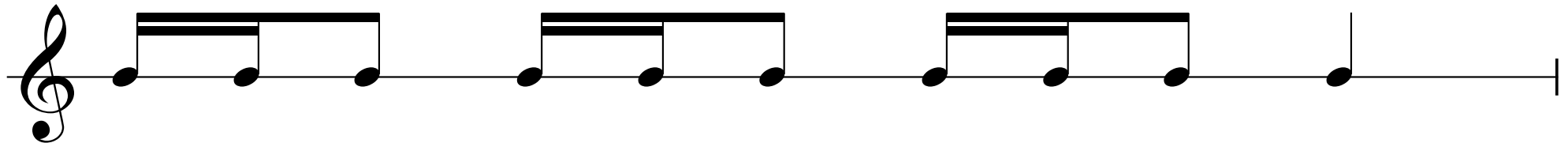
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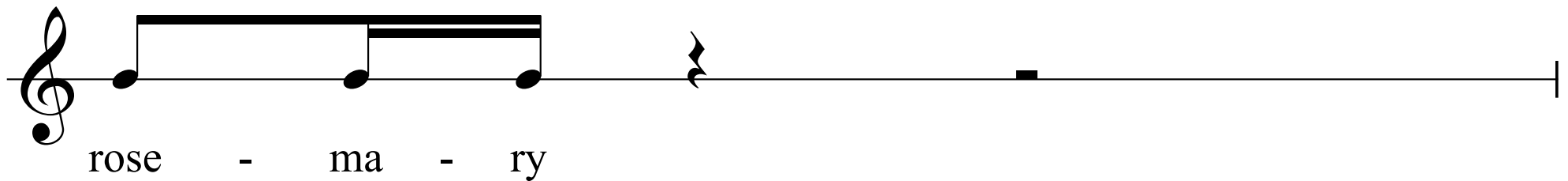
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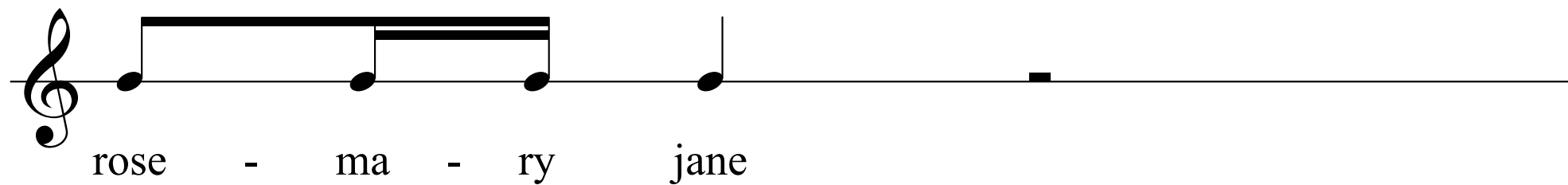
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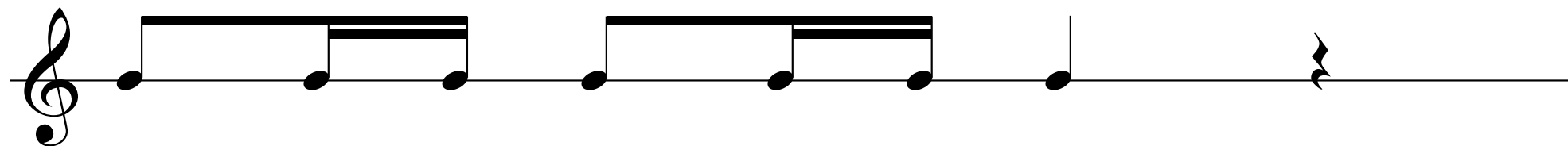
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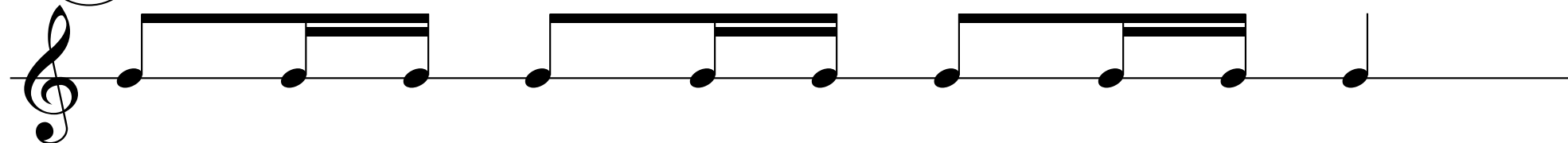
10



11



12



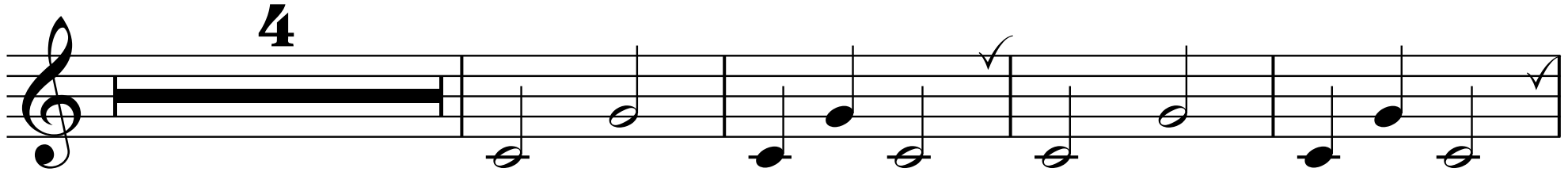
Extending The Valve Sequence

*This exercise continues the basic finger pattern known as :-
going "DOWN THE VALVES".*

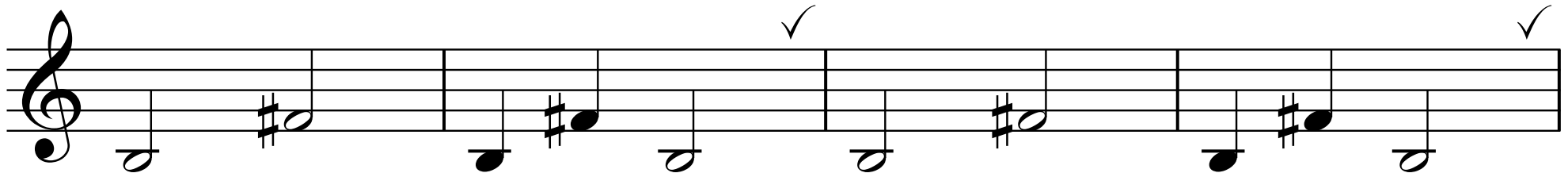
It is vital for you to learn the simple order of the valves and also which notes can be played by each set of fingerings

download
Exvs.

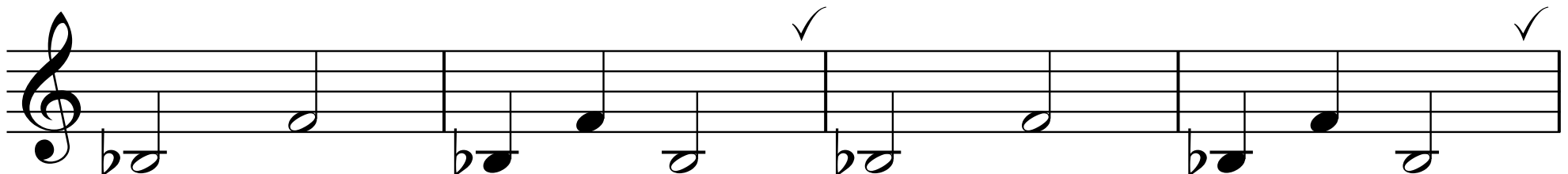
Breathe in 2 or 4 bar sections



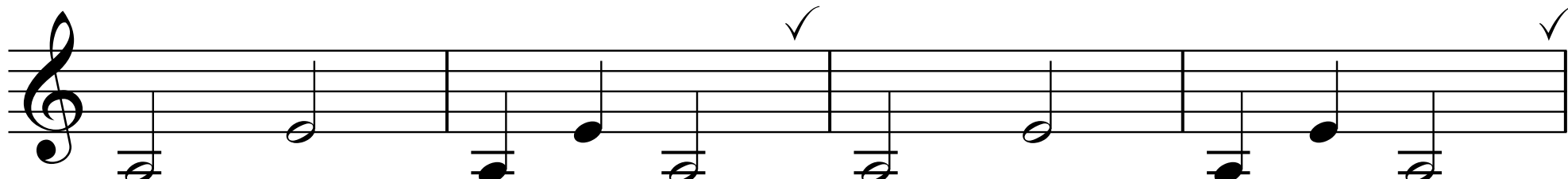
all notes are played on open valves



all notes are played on 2nd valve



all notes are played on 1st valve

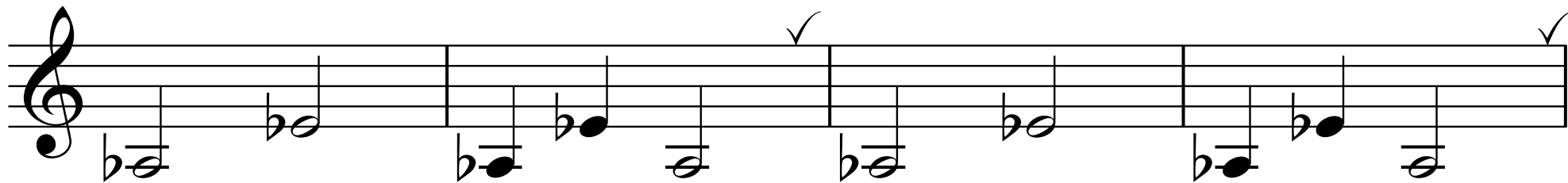


A musical staff in treble clef with a key signature of one flat (Bb). The notes are: Bb2, Bb3, Bb4, Bb5, Bb6, Bb7, Bb8, Bb9, Bb10, Bb11. The notes Bb4, Bb5, Bb6, Bb7, Bb8, and Bb9 are marked with a checkmark (✓) above them, indicating they are played on the 1st and 2nd valves. The notes Bb2, Bb3, Bb10, and Bb11 are marked with a checkmark (✓) below them, indicating they are played on the 1st and 2nd valves.

all notes are played on 1st and 2nd valves



LOW Ab is played with 2/3

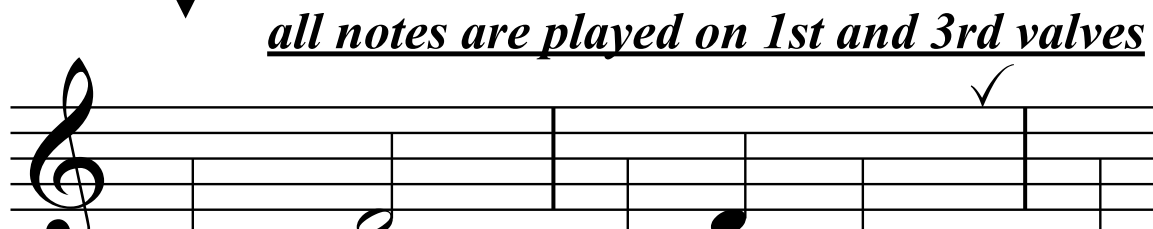


A musical staff in treble clef with a key signature of one flat (Bb). The notes are: Bb2, Bb3, Bb4, Bb5, Bb6, Bb7, Bb8, Bb9, Bb10, Bb11. The notes Bb4, Bb5, Bb6, Bb7, Bb8, and Bb9 are marked with a checkmark (✓) above them, indicating they are played on the 2nd and 3rd valves. The notes Bb2, Bb3, Bb10, and Bb11 are marked with a checkmark (✓) below them, indicating they are played on the 2nd and 3rd valves.

all notes are played on 2nd and 3rd valves



LOW G is played with 1/3

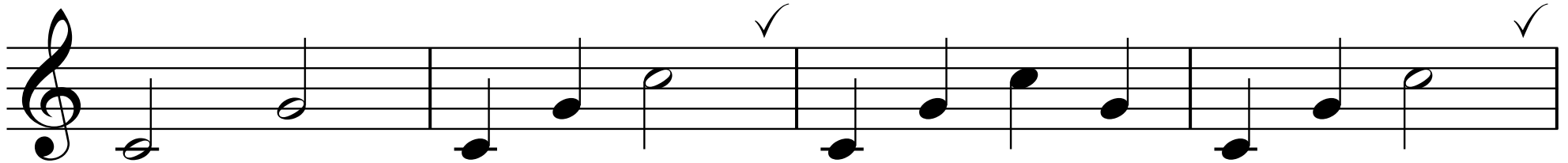


A musical staff in treble clef with a key signature of one flat (Bb). The notes are: Bb2, Bb3, Bb4, Bb5, Bb6, Bb7, Bb8, Bb9, Bb10, Bb11. The notes Bb4, Bb5, Bb6, Bb7, Bb8, and Bb9 are marked with a checkmark (✓) above them, indicating they are played on the 1st and 3rd valves. The notes Bb2, Bb3, Bb10, and Bb11 are marked with a checkmark (✓) below them, indicating they are played on the 1st and 3rd valves.

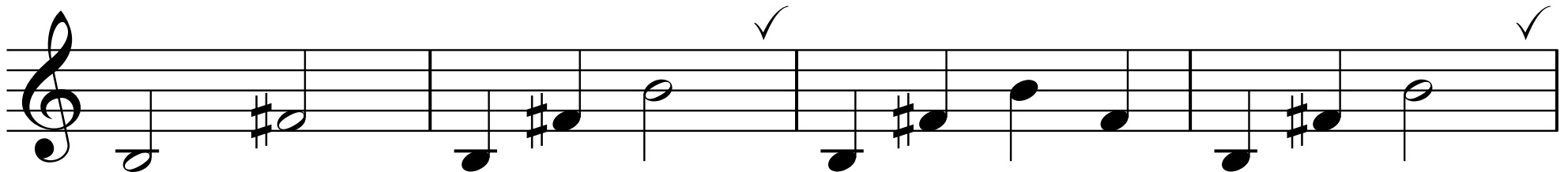
all notes are played on 1st and 3rd valves

3 note Patterns

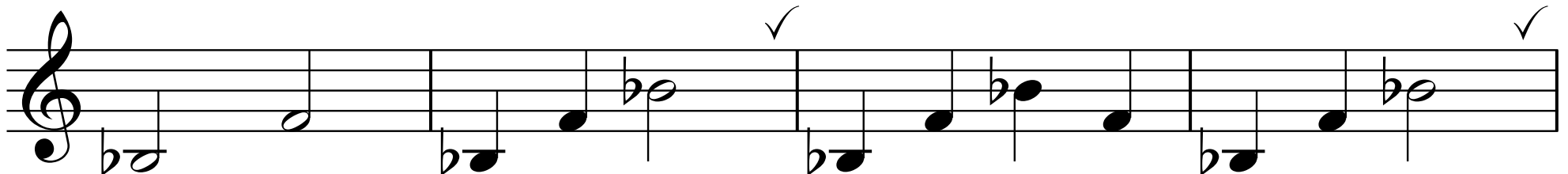
download
Exvs.



all notes are played on open valves



all notes are played on 2nd valve



all notes are played on 1st valve

A musical staff in treble clef showing a sequence of notes: G4, A4, Bb4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6. The notes G4, Bb4, and C6 are marked with a double bar line below them, indicating they are played on the 1st valve. The notes A4, D5, F5, and G6 are marked with a checkmark above them, indicating they are played on the 2nd valve. The notes E5, E6, and F6 are not marked.

all notes are played on 1st and 2nd valves



LOW Ab is played with 2/3

A musical staff in treble clef showing a sequence of notes: G4, A4, Bb4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6. The notes G4, Bb4, and C6 are marked with a double bar line below them, indicating they are played on the 2nd valve. The notes A4, D5, F5, and G6 are marked with a checkmark above them, indicating they are played on the 3rd valve. The notes E5, E6, and F6 are not marked.

all notes are played on 2nd and 3rd valves



LOW G is played with 1/3

all notes are played on 1st and 3rd valves

A musical staff in treble clef showing a sequence of notes: G4, A4, B4, C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6. The notes G4, B4, and C6 are marked with a double bar line below them, indicating they are played on the 1st valve. The notes A4, D5, F5, and G6 are marked with a checkmark above them, indicating they are played on the 3rd valve. The notes E5, E6, and F6 are not marked.

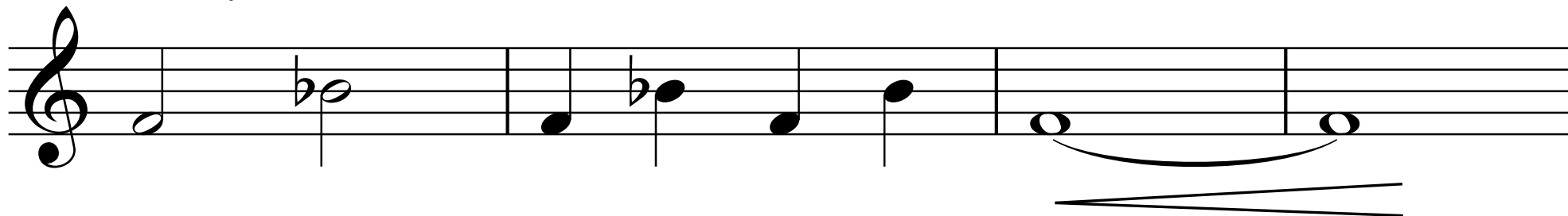
Using The Valves To Go Higher

download

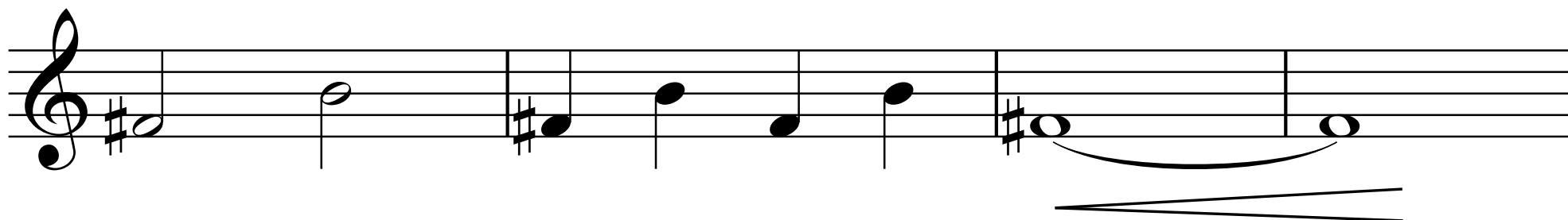
The first staff of music is written in treble clef with a key signature of one flat (B-flat) and a 4/4 time signature. The melody begins with a quarter note on G4, followed by a quarter note on F4, a half note on E4, and a quarter note on D4. The second measure contains a quarter note on C4, a quarter note on B3, a half note on A3, and a quarter note on G3. The third measure consists of a quarter note on F3, a quarter note on E3, a half note on D3, and a quarter note on C3. The fourth measure features a quarter note on B2, a quarter note on A2, a half note on G2, and a quarter note on F2. The fifth measure has a quarter note on E2, a quarter note on D2, a half note on C2, and a quarter note on B1. The sixth measure contains a quarter note on A1, a quarter note on G1, a half note on F1, and a quarter note on E1. The seventh measure has a quarter note on D1, a quarter note on C1, a half note on B0, and a quarter note on A0. The eighth measure consists of a quarter note on G0, a quarter note on F0, a half note on E0, and a quarter note on D0. The piece concludes with a final quarter note on C0.

A musical staff in treble clef with a key signature of one flat (B-flat). The melody consists of the following notes: G4 (quarter), A4 (quarter), Bb4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter), E4 (half), and D4 (half). The first four notes are beamed together.

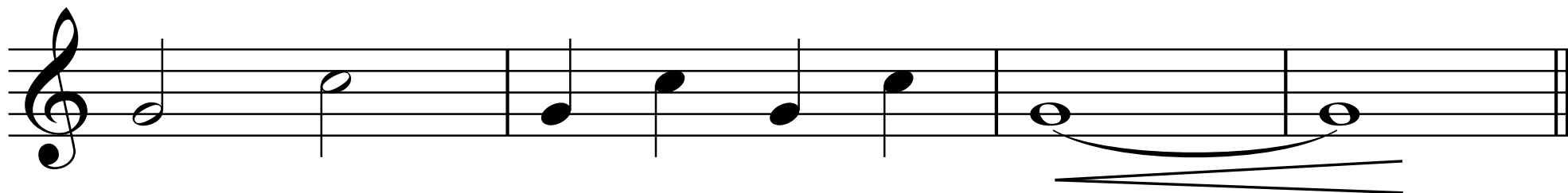
Play all notes on 1st



Play all notes on 2nd



Play all notes on open valves



Exercise 2

download

Aero.4

4

Play all notes on 1st & 3rd

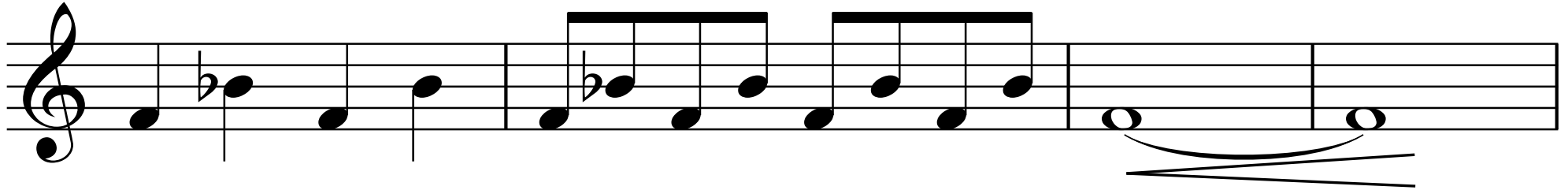
Play all notes on 2nd & 3rd

Play all notes on 2nd & 3rd

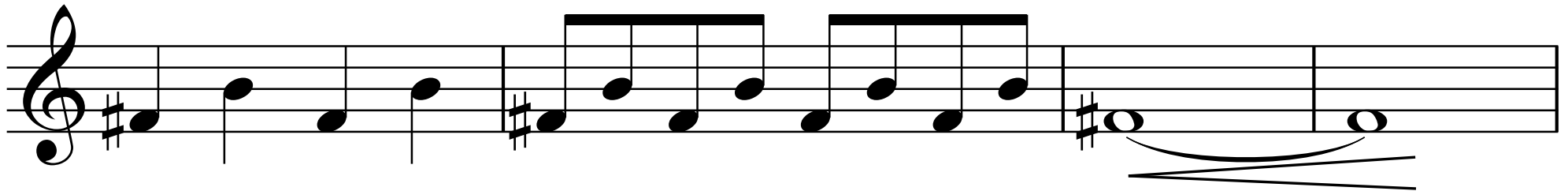
Play all notes on 1st & 2nd

Play all notes on 1st & 2nd

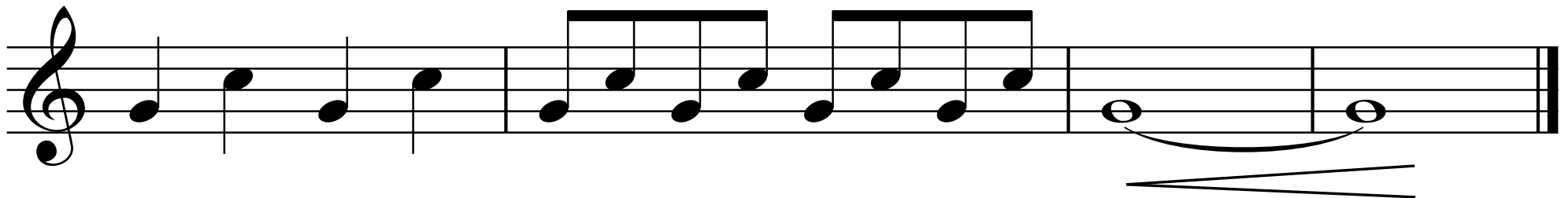
Play all notes on 1st



Play all notes on 2nd



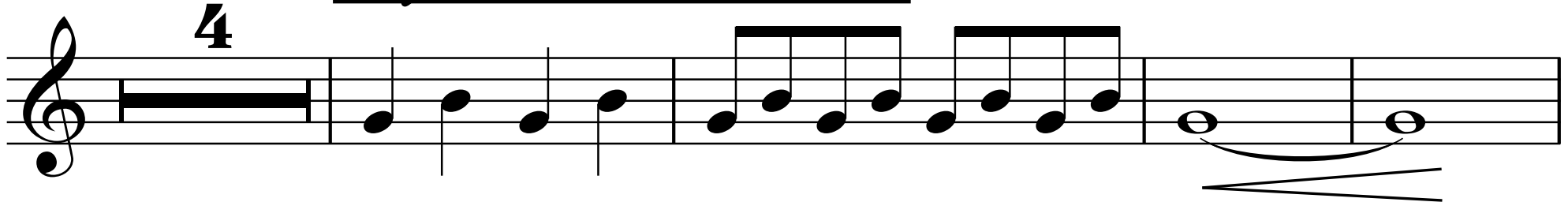
Play all notes on open valves



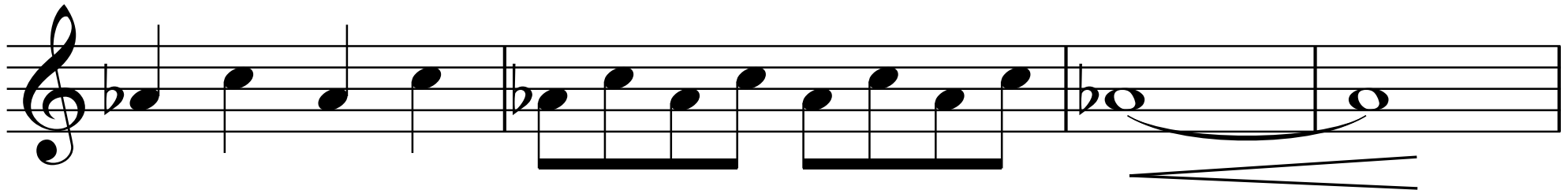
Exercise 3

download
Aero.4

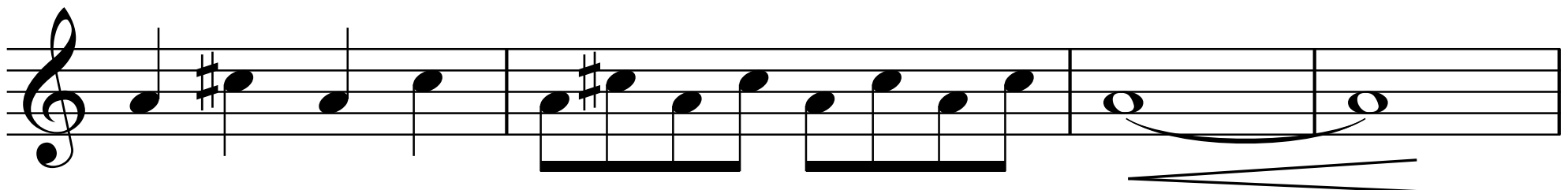
Play all notes on 1st & 3rd



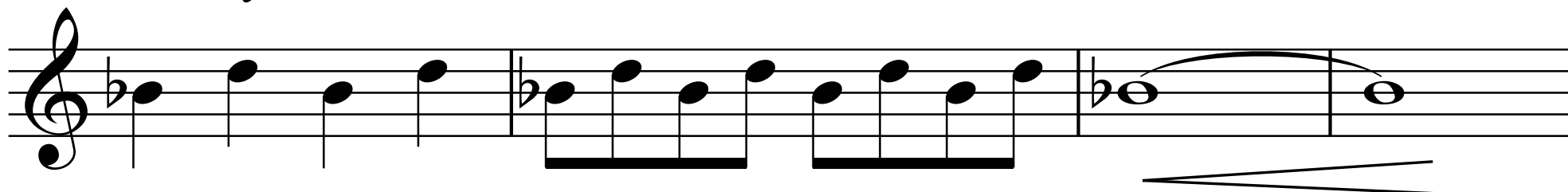
Play all notes on 2nd & 3rd



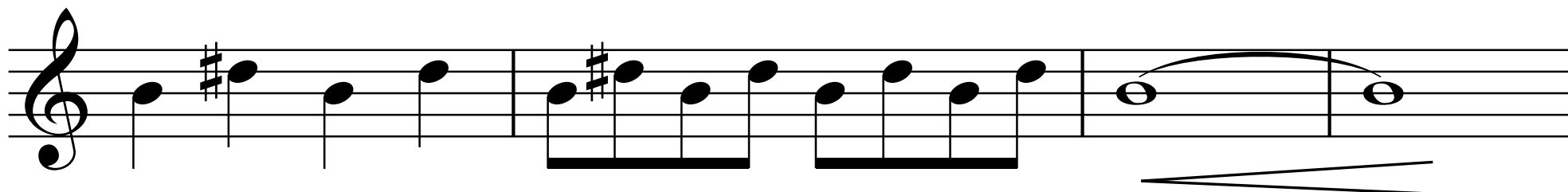
Play all notes on 1st & 2nd



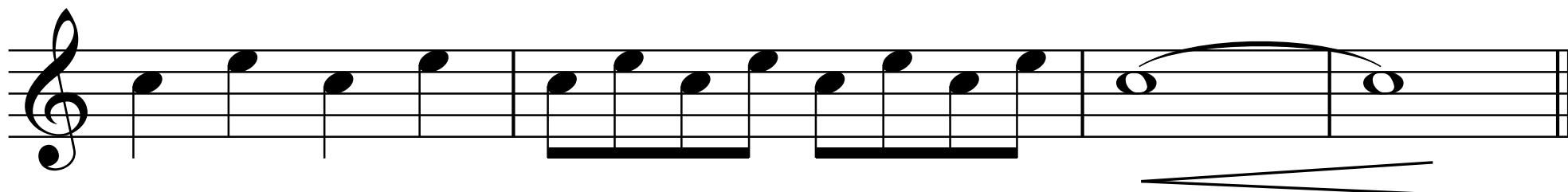
Play all notes on 1st



Play all notes on 2nd



Play all notes on open valves



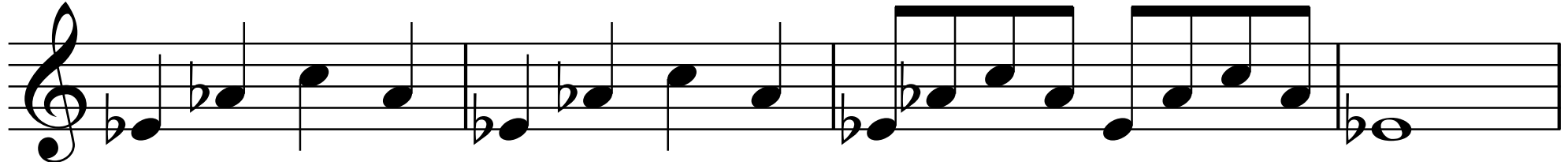
download
Aero.4

Exercise 4

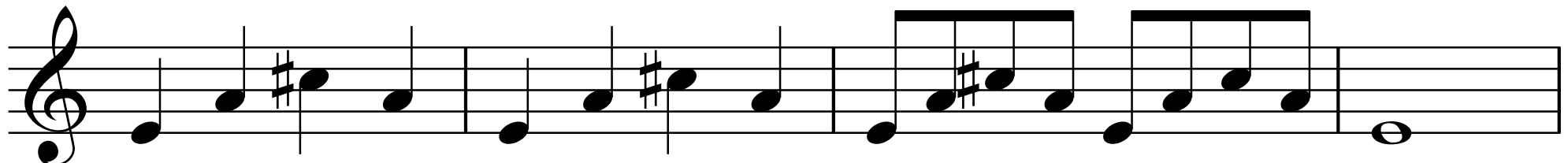
Play all notes on 1st & 3rd



Play all notes on 2nd & 3rd



Play all notes on 1st & 2nd

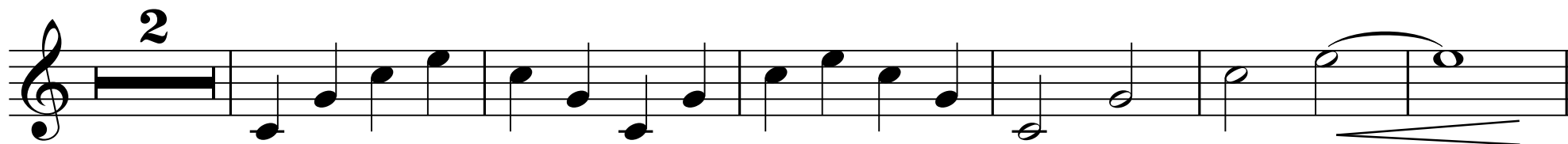
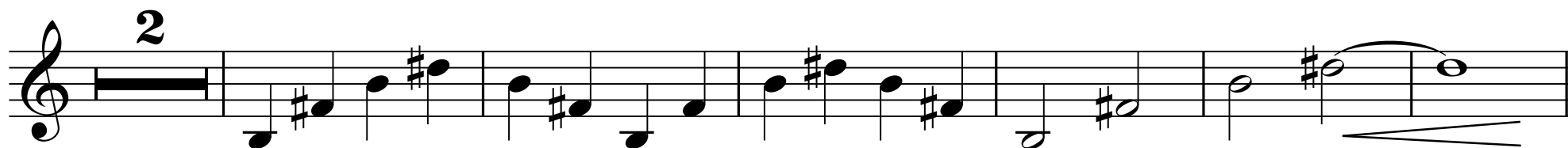
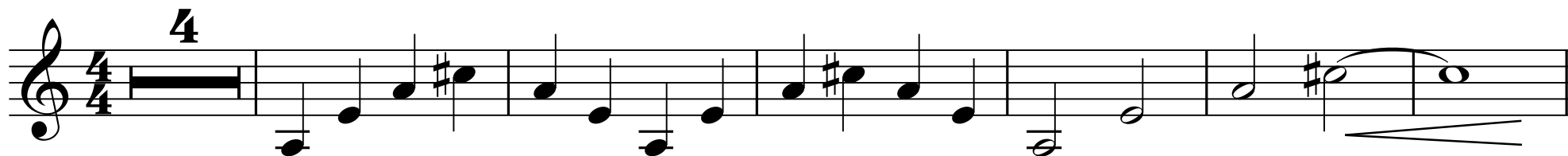


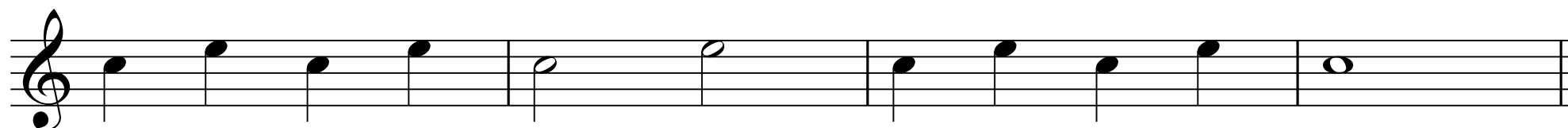
Play all notes on 1st

AEROBICS for BRASS 5

(extending range to Top E)

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Aero.5





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